# **KIDNAPPED CANADIAN REPORTER FREED, PG 12**







### Man shot after forced home entry

ATTACK A man in his 50s was shot last night at an apartment complex in Dartmouth.

Halifax Regional Police Staff Sgt. Sean Auld said at 8:18 p.m. the male victim claims he was shot in the chest by a man who forced open his apartment door before firing. Auld didn't know how

many shots were fired, but said at 10:30 p.m. they hadn't recovered a bullet from the victim, who was transported to the OEII Health Sciences Centre in Halifax with non-lifethreatening injuries.

"We have talked to him, but I don't have the statements here," Auld said.

The shooting took place at 532 Pleasant St., which is across the street from South Woodside Elementary School. Police were still on scene late into the evening.

METRO HALIFAX

# Tree lighting Holiday countdown

HRM worker Patrick Allan decorates the Christmas tree at Grand Parade yesterday. The HRM Christmas tree will be lit Saturday from 5:45 to 7 p.m. People are encouraged to bring a non-perishable food item or donation for Feed Nova Scotia.

# News on the Maye

What's this barcode for? the barcode with the top of pg 3







# ABCs, 123s up & down

MONIQUE MUISE monique.muise@metronews.ca

Students in the Halifax Regional School Board are facing very different challenges depending on their grade level, according to a new report.

Supt. Carole Olsen handed the HRSB its annual report card at a board meeting last night, and said while academic performance seems to be improving, most schools still have a long way to go.

The report focused mainly on math and reading skills.

Last year, almost every elementary school in the HRSB reported 80 per cent of its Grade 2 students were "meeting expectations" in the math curriculum, said Olsen. By the time students reached Grade 8, however, only 33 per cent of schools were reporting the same level of achievement

When it came to reading. the trend was the exact opposite - with the lower grades struggling with basic reading skills and higher grades performing much better overall.

"These assessments allow us to see where students are

struggling with a particular concept," Olsen said. "We've seen that if we concentrate on that concept in terms of professional development for teachers and resources in the classroom, we can improve those areas.

Karen Webber, principal at Oyster Pond Academy near Sheet Harbour, said her school is typical of many in the HRSB, and is already making changes to help younger students improve their reading skills.

"Every Wednesday morning, we lasso everybody that's not tied down in our community including

parents - and we partner as many Grade 1 students with an adult for some oneon-one reading," she said. 'We call it a reading blitz."

The HRSB report was compiled using extensive data from each of the board's 137 schools. Olsen pointed out it doesn't take into account improvements already made.

'I'm absolutely confident that in five years time, every school will be improving," Olsen said.

Share Your Views halifaxletters@metronews.ca

#### Winter Games equal winter break for kids

MONIQUE MUISE

Students and teaching staff in the Halifax Regional Mu-

nicipality will be getting an extended spring break in 2011. The province's education department announced

yesterday the 140 schools that fall under the Halifax Regional School Board or the Conseil Scolaire Acadien Provincial will have their break moved to February and will be given an extra week off in support of the 2011 Canada Winter Games

to be held in Halifax. "To compensate,

ing the

on Sept. 1

• The twobreak week we're startwill extend from Feb. 14 school year to Feb. 25,

Break

and it's going to go right to June 30," said department spokesman Peter McLaughlin. "We're also shortening the Christmas break ... which will buy us some days?

McLaughlin said other provinces have made similar changes when they hosted the Winter Games in previous years.

Two of Halifax's high schools — Citadel and Sackville — are being used as venues for the Games, and the Halifax Canada Games Society will be recruiting 1,000 student volunteers to serve as minor officials during the event.

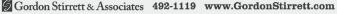
Students and staff outside HRM will share the extended Sept. 1 to June 30 calendar, but will keep the traditional March break, and be given a longer Christmas holiday to compensate for the longer school year.

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# Local



### Endangered martens released in park

In an effort to increase the population of the endangered American marten, four of the animals were released yesterday in the Whycocomagh Provincial Park. A member of the weasel family, the American marten has been on the province's endangered species list since 2001. The marten had been trapped extensively until the hunting season was closed in the 1990s because of low numbers. As part of a five-year recovery plan, between 30 and 50 American martens are being transferred to Nova Scotia from New Brunswick this year. METRO HALIFAX

# METRO INTERNATIONAL NEWSPAPER OF THE YEAR

#### Brookfield growth to create 150 jobs

**BUSINESS** The country's top relocation service company is expanding to Halifax.

Brookfield Global Relocation Service strategies has announced it plans to create 150 jobs in the province over the next five years. Nova Scotia Business Inc. is supporting the expansion with a fiveyear payroll reimbursement of up to \$900,900.

Previously identified as Royal LePage Relocation Services, Brookfield Global provides cost-effective domestic and international relocation services to private- and public-sector clients with operations in North America, Europe and Asia. METRO HALIFAX

#### **News** in brief

CRIME A 15-year-old Nova Scotia boy will be sentenced in February for his role in the robbery of a 72-year-old cab driver. He pleaded guilty yesterday in Truro to robbery, carrying a bottle as a weapon to commit an offence, breaking into a dwelling and two breaches of a court undertaking. Police say the cabbie suffered non-lifethreatening injuries after being robbed in Truro Oct. 26.

THE CANADIAN PRESS

#### Lotteries

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# Third-wave warning Feds put out tender call for

Shots still needed to avoid another outbreak: Official

### Flu Outbreak

PAUL MCLEOD

The second swine flu wave is declining but people still need to guard against a potential third wave, provincial health officials stressed yesterday.

In his weekly H1N1 update, Nova Scotia's chief medical officer of health, Dr. Robert Strang, said the numbers of people going to hospital with severe flu symptoms never hit worstcase scenario predictions and are now dropping.

But Strang said people need to get vaccinated to head off the "strong likelihood" of another outbreak in the winter or spring.

"It is a personal choice to get immunized, but people need to understand the choice they make affects not just themselves," Strang

"They may be the person who has mild disease, but the person that they spread it to sitting on the bus or sitting beside them at work may be the person who gets severely ill and ends up in hospital, or perhaps even

The province is receiving more than 300,000 doses of vaccine this week and next. Strang said scarcity of vaccine is no longer a problem.

In the week of Nov. 15-21, there were 28 new confirmed H1N1 hospitaliza-There were two tions. a man and a deaths woman, both in their 40s, with underlying health con-



Robert Strang, Nova Scotia's chief medical officer of health, speaks at a press conference yesterday at One Government Place.

But overall, the percentage of emergency room visits for people with influen-za-like illness fell to 15 per cent from 24 per cent the week previous.

QEII Health Sciences director of virology and immunology, Todd Hatchette, said despite the recent ebbing of H1N1, people should not become complacent.

"There is something different about this virus that separates it from seasonal flu," he said. "As an infectious disease physician,

when you walk through the (intensive care unit) and see half the beds filled with people being treated for influenza, (it) is quite abnor-

"You never see this in a seasonal flu epidemic.

m.metrenews.ca



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# new N.S. coast quard HQ

PROJECT The federal government has issued a tender call for companies interested in designing and building a new coast guard head-quarters for the Maritimes.

Federal Fisheries Minister Gail Shea says the project is one of a series of moves designed to consolidate coast guard activities at the Bedford Institute of Oceanography in Dartmouth.

The tender closes in January and a contract will be awarded shortly afterwards, with construction completed by the summer of 2011. The headquarters will be located at BIO and incorporate environmentally sustainable design features, such as optimal use of sunlight exposure and recycled building materials.

A number of coast guard activities, including fleet operations, have already moved to BIO from the curalreadv rent Dartmouth base.

More than 160 coast guard employees currently working at two locations in Dartmouth will move to the new headquarters.

THE CANADIAN PRESS

#### Case delayed for sheriff facing drug charges

COURT The court case of a provincial deputy sheriff who allegedly tried to smuggle drugs into prison was delayed yesterday.

Sheriff Tyrone David, 22, was arrested in October after allegedly completing a drug transaction with Kathleen Kierans. Twentytwo-year-old Kierans is the girlfriend of well-known convicted criminal Jimmy Melvin Jr.

David and Kierans were due to appear in Dartmouth provincial court yesterday for election and plea, but their lawyers asked for more time to review evidence.

They are now scheduled to return to court Dec. 16.

Police say they witnessed Kierans hand off drugs to David in the parking lot of a strip mall just a few minutes away from Dartmouth provincial METRO HALIFAX

# metrenews.ca

**Blogs** Backbeat gives props to his Top 10 Unsung Guitar

Facts



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Man handed drug charges after Dartmouth home search

A 39-year-old Dartmouth man is facing charges of drug possession and breaching conditions after Halifax Regional Police say they conducted a search of a residence in the 100 block area of Albro Lake in Dartmouth on Tuesday afternoon. Police say marijuana and drug paraphernalia was seized in the search. METRO HALIFAX

# Fage hit with crash lawsuit

### Former MLA facing more legal woes after 2006 collision

Former Cumberland North MLA Ernest Fage is in for another legal battle resulting from a 2006 collision in Halifax that forced him from cabinet.

George Myrer, the driver of the 2002 Nissan Sentra rear-ended by Fage's government-leased 2005 Volk-swagon Jetta, filed a law-suit in Halifax Supreme Court on Monday accusing the veteran politician of negligence.

In his claim, Myrer says he sustained personal injuries and damages as a result of the collision. He accuses the former cabinet minister of negligence in failing to operate his vehicle in a careful and prudent manner, failing to take proper or immediate action when the accident appeared imminent, operating his vehicle in a manner that endangered the life and limb of the plaintiff, operating his vehicle at an excessive rate of speed and operating his vehicle while not in a fit and proper condition to do.



Former Progressive Conservative cabinet minister Ernie Fage, shown in this Daily News file photo, is facing a lawsuit after the government-owned car he was driving was involved in an accident three years ago.

The allegations made in the claim have yet to be proven in court. Myrer is seeking unspecified damages

While it will be his client's decision, Mason said most of these types of

claims are settled before they get to court.

"Once we have proper medical documentation on Mr. Myrer's condition we'll be in a position to quantify it," he said. "We'll be in discussion with Mr. Fage's insurers and if the case can be settled, it will be settled unless Mr. Myrer wishes to go to trial." Mason said Fage has yet to be served with the claim.

The collision occurred at the intersection of Sackville and South Park Streets on Nov. 24, 2006. Fage subsequently left the accident scene and was later charged and convicted in December 2007, receiving a \$920 fine.

Fage, who was a member of former premier Rodney MacDonald's cabinet, resigned as human resources minister soon after grainy cellphone images of him driving away from the fender-bender were broad-

> AMHERST DAILY NEWS WITH FILES FROM THE CANADIAN PRESS

# Trial begins for murder of Chapel Island man

**DEATH** A Nova Scotia Supreme Court jury has begun hearing evidence in the trial of a Chapel Island man charged with

man charged with second-degree murder in the stabbing death of another man in the First Nations community last year.

Logan Curtis Paul, 21, is accused in the Sept. 13, 2008 death of Edwin Morales Edwin Morales Marshall, 35, also of Marshall Chapel Island.

Yesterday, the jury listened to the opening statement from Crown attorney John MacDonald and heard from the Crown's first witness, Cpl. John Landry of the Port Hawkesbury

RCMP forensic identification unit. Landry took photos of the scene following Marshall's death.

Crown attorney Diane McGrath told reporters she expects they will need up to three days to present its case, and will call 11 witnesses.

Days after Marshall's death, firefighters were forced to watch the Fisheries Road house where Marshall died

burn to the ground after a crowd blocked their access to the building.

Paul was released on bail about 10 days after the charges were laid.

CAPE BRETON POST

#### **News** in brief

CRASH RCMP say a Nova Scotia man faces a charge of impaired driving after a crash near Fredericton that sent one person to hospital. Gary Stewart, 61, of Brule, is due to appear in court in Fredericton on Dec. 8. Police say they responded to a crash Monday near the Fredericton city limits on Highway 8. A vehicle had hit a parked car on the side of the road. A passenger in the parked vehicle suffered minor injuries and was treated in hospital.





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**Accident victim identified** 

Police have released the name of a man involved in a fatal workplace accident Tuesday. Lloyd Keith Fancy, 59, of Trenton was working in a yard near Maritime Steel when the accident occurred. New Glasgow Police Service's Major Crime Unit as well as Department of Labour officials are investigating. NEW GLASGOW NEWS

#### Credit Union to close three branches

BANK East Coast Credit Union will shut down three branches in northeastern Nova Scotia early next year.

The branches in North Isle Madame, Mulgrave and North East Margaree will close at the end of February, leaving 10 remaining in the credit union's network. President and CEO Doug

Hastings says the decision was difficult but necessary in the light of the economic downturn and business conditions.

Hastings says the financial services industry is becoming increasing competitive with interest rates at historically low levels. Seven full-time positions will be affected by the closures

Customer accounts will be transferred to other close-by branches.

THE CANADIAN PRESS

Share Your Views

# **Getting into Symphony**

ALY THOMSON for Metro Halifax

Halifax pop-rockers MIR are playing a Christmas show with Symphony Nova Scotia tomorrow night — an 18-song set without a single classic holiday carol to be found.

Asif Illyas, the band's songwriter and guitarist, said the concept for the concert titled A Soldier's Carol emerged from a boredom induced "winter album" expressing the hardships of Christmas for soldiers overseas.

"We went through our catalogue of songs and chose songs that had to do with hope and spirit, and loss and constructed it into a story," Illyas said.

Symphony Nova Scotia caught wind of the album and approached Illyas, bassist Shehab Illyas and drummer Adam Dowling last February.

Illyas has arranged symphonic scores for Gordie Sampson and Buck 65. He playing his own said arrangements, with the Wanna qo?

 Symphony Nova Scotia with Halifax pop-rockers MIR takes to the stage at the Rebecca Cohn Auditorium tomorrow at 7:30 p.m. For ticket information, visit symphonynovascotia.ca.

trio as the foreground of a 55-piece orchestra, is extremely emotional.

"It sounds so beautiful, it's really moving," he said. "Sometimes it's even difficult to get through a verse '

The rock versus classical crossroads proves to be tricky when it comes to the mood of playing a live show, he then added.

"You can't just say, 'the audience is singing, lets go around a few more times' it has to all be written an concrete because there's so many people."

Performing live with Symphony Nova Scotia is something MIR has wanted to do since the birth of the band more than 10 years

concert will be The



Halifax pop-rockers MIR are playing a Christmas show with Symphony Nova Scotia tomorrow night at the Rebecca Cohn Auditorium at 7:30 p.m.

recorded and air on CBC Radio 1 and CBC Radio 2 Christmas day. Resident conductor Martin MacDonald will be leading the symphony, who will also per-form with MIR on Saturday night at St. John's Anglican

Church in Lunenburg at

"Music really does cross boundaries," Illyas said.





### H1N1 and Seasonal Flu **VACCINE SCHEDULE**

**November** 26-28

Please note: clinic locations and hours may be updated often. For the most up-to-date Vaccine Schedule, visit www.cdha.nshealth.ca or www.iwk.nshealth.ca or call 811.

#### Thursday, Nov. 26

Dartmouth Sportsplex, Common Room Entrance, Dartmouth

Captain William Spry Community Centre, Community Meeting Room-Main Entrance, Spryfield

Newbridge Academy (in the Sackville Sports Stadium), Gym-Hockeytown Entrance, Lower Sackville

#### Friday, Nov. 27

Windsor Elementary School, Gym, Windson

Captain William Spry Community Centre, Community Meeting Room-Main Entrance, Spryfield 2:00 pm - 7:00 pm

Newbridge Academy (in the Sackville Sports Stadium), Gvm-Hockeytown Entrance, Lower Sackville

#### Saturday, Nov. 28

NSCC Akerley Campus, Gym, Dartmouth 9:30 am - 2:30 pm

Captain William Spry Community Centre, Community Meeting Room-Main Entrance, Spryfield

#### What you need to know when you come for your vaccine:

- Bring your health card (but you can still be vaccinated if you don't have one)
- Wear short sleeves and loose clothing
- If the clinic is busy when you arrive, try coming back later
- If you decide to stay, please come prepared to wait
- If you aren't well, come for your vaccine when you are feeling better

For Vaccination Clinic locations and directions, or to learn more, visit:

www.cdha.nshealth.ca www.iwk.nshealth.ca gov.ns.ca/h1n1 or www.fightflu.ca





# \$60,000 for man forced to retire

An independent board of inquiry has awarded over \$60,000 to a Nova Scotia man who was forced to retire by his employer.

The Nova Scotia Human Rights Inquiry announced yesterday a reward of \$64,515 to Robert Theri-ault of Meteghan, Digby Co. for financial losses and damages resulting from his forced retirement from the Acadian school board where he worked as the coordinator of operations responsible for maintenance.

A Human Rights Commission release yesterday stated the board "discriminated against Mr. Theriault when it forced him to retire in 2005" at the age of 65. In his ruling, board chair Don Murray accepted that Theriault "felt be-

"The age of 65 is more an arbitrary age and should more depend on a person's desire to continue working, need to continue working and their ability to continue working."

Krista Daley, Commission CEO

disillutraved. bitter. sioned, upset and frustrated by his forced retire-ment," the release said.

Commission CEO Krista Daley told Metro yesterday the school board had no policy in place in regards to a set retirement age, and so the inquiry deter-mined Theriault should have been allowed to keep normal age of retirement is seen by most as 65.

"What this board of inquiry said was that no, there was no agreement in place to do that and therefore it was unlawful in that sense," Daley said.

"I'm very pleased," she then added about the deci-"I think people's right to continue to work until they're unable to is a very important human right. The age of 65 is more an arbitrary age and should more depend on a person's desire to continue working, need to continue working and their ability to continue working."

Theriault filed the complaint with the provincial human rights commission and the case had been on going since September of last year. Boards of inquiry are the final stage in the human rights process.



### ARMED FORCES APPRECIATION

We would like to show our appreciation for all the men and women employed in the Canadian Armed Forces and their commitment to fighting for our Country.

From November 11<sup>th</sup> to November 30<sup>th</sup>, all vehicles new and used will be priced at a special DND only Price. Call 455-0566 or stop by our showroom for details.

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10 local

RCMP holding town hall meeting tonight at Cole Harbour Place

Halifax RCMP are continuing to host a series of town hall meetings with residents of the Halifax Regional Municipality. One takes place tonight at Cole Harbour Place at 7 p.m. The meetings are a chance for the RCMP to discuss policing and listen to any concerns residents might have. METRO HALIFAX

# East Coast to show Games how to party

Atlantic Canada House bringing kitchen to B.C.

#### vancouver 2010 **Games**

JEFF HODSON Metro Canada

Canada's four Atlantic provinces are planning a bash — an East Coast-style kitchen party to be exact in the heart of Vancouver during the 2010 Games.

Atlantic Canada House will be situated on Granville Island, overlooking False Creek, and will operate daily during the Games, offering visitors a taste of all things East Coast, which includes Nova Scotia.

"To say that Atlantic Canada has embraced the spirit of the Games, doesn't

#### **Showcase**

Cape Breton musician Ashley MacIsaac, who helped announce the pavilion yesterday, said it was a wonderful opportunity for the world to see what Atlantic Canada has to offer, and for Atlantic Canadians to showcase their people and culture to the world.

do justice to how hard they've tried and how much they've supported what we're trying to do," said

VANOC CEO John Furlong.
The House, which encompasses the Granville Island Stage, the Revue Stage and the Backstage Lounge, will welcome Atlantic athletes and their families and will host industry leaders to at-

tract investment.

It will also welcome thousands of tourists for food tastings and musical performances. A traditional kitchen party will go late into the night. There will even be a photo booth, where people can have pictures taken with their favourite East Coast backdrop.

Furlong, who is originally from Ireland, joked that Atlantic Canada was the only part of the country where he feels truly bilingual (he speaks Gaelic).

"The fact that we have parts of Canada that are closer to Europe than to British Columbia — that are here together working hard to create a Canadian program — is fantastic," he said.

#### Sunny, sunny days Somewhere over the rainbow



A woman walks through the rain as she passes a bus shelter ad yesterday. The rain is expected for the next few days around Halifax.

# Design committee gets council OK

Halifax Regional Council has approved members of its Design Review Committee.

The committee will be responsible for reviewing development applications for downtown Halifax and will consist of professionals in architecture, landscape architecture, urban design, and structural engineering as well as three citizens.

#### **Selection**

• The HRM membership selection committee, chaired by Kelly, made the final recommendations for the newly established committee.

The elected members are: William Hyde (architect), Terry Smith-Lamothe (architect), Ramzi Kawar (architect), Anne Sinclair (architect), Sue Sirrs (landscape architect), Angela Dean (landscape architect), Nick Pryce (city planner), Roy McBride (structural engineer), Cesar Saleh (professional at large), Alan Parish (citizen at large), and Jeff Pinhey (citizen at large).

METRO HALIFAX

#### **News** in brief

FIRE Truro's police and fire inspector are investigating an early morning structure fire on Young Street yesterday. Firefighters were called to 181 Young St. at 2:30 a.m. and were there till 7 a.m. No one was home at the house when the fire began. **TRURO DAILY NEWS** 

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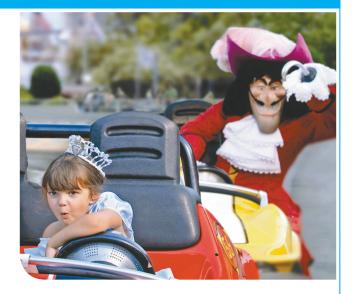
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#### P.E.I. looks to pass bill to allow tobacco lawsuits

A bill has been introduced in the Prince Edward Island legislature that would allow the province to sue tobacco companies for past health-care costs related to the product's use. THE CANADIAN PRESS

# Canada

### Family wants Douglas file released

The family of Canadian icon Tommy Douglas is urging the government to make public RCMP intelligence on the socialist firebrand and father of medicare, while an expert calls it ludicrous to claim any national security grounds to keep them secret. Actress Shirley Douglas, left, says she and her family believe the decades-old RCMP Security Service files should be turned over to a journalist who requested them four years ago.

# Kidnapped journalist freed Hillier calls Colvin's

# Albertan says she was tortured during 15-month captivity

Canadian journalist Amanda Lindhout, freed after 15 months of captivity in wartorn Somalia, says she was kept isolated, beaten and tortured, so she dreamed of walking through Vancouver's Stanley Park to stay sane and not lose hope.

"My day was sitting on a floor in a corner, 24 hours a day for the last few months," Lindhout said in an interview with CTV from Mogadishu, the capital city of Somalia.

Lindhout, who is from Sylvan Lake, Alta., and Australian photographer Nigel Brennan were kidnapped Aug. 23, 2008. Somali officials said they were released yesterday.

"There were times I was



Canadian freelance journalist Amanda Lindhout sits with a child in Mogadishu, Somalia, in this undated handout photo. After 15 months in captivity in Somalia Lindhout and Australian photographer Nigel Brennan have been freed.

the freelance journalist, her

beaten, I was tortured," said voice breaking, as she described her days in a dark,

windowless room. "It was an extremely, extremely difficult situation.

"The money wasn't coming quickly enough for these men, and they seemed to think if they beat me enough, then when I was able to speak with my mother (by phone every couple of months), I would be able to say the right thing to convince her to pay the ransom, which was a million dollars."

She said she tried to convince them her family didn't have that kind of money, but she said they believed all Canadians were that wealthy. Money was ultimately paid by the families, she said, but she didn't know how much.

THE CANADIAN PRESS

# claims 'ludicrous'

AFGHANISTAN Canada's former top soldier has blasted claims by diplomat Richard Colvin that the handed over military Afghan prisoners to face torture despite warnings, calling the allegation "ludicrous.

A bristling Rick Hillier, mixing indignance with folksy charm, told a special Commons committee yesterday that reports from Afghanistan in 2006 never mentioned that prisoners were at risk of tor-

But the dust from his testimony hadn't even settled before contradictions began to emerge.

Uncensored versions of Colvin's reports began circulating last night that said the International Committee of the Red Cross, the agency trusted by nations to observe prisoners of war, was named in emails to Ottawa as expressing "alarm" about conditions within Afghan prisons.

The references were particularly stark in one memo written by the diplomat on June 2, 2006. An official who's seen

Colvin's emailed reports conceded that the Red Cross was "really pissed off" for procedural reasons about Canada's tardy reporting whenever a prisoner was captured, but it

"more concerned about what was done to detainees after they were handed over.'

The reports were widely distributed in both the defence and foreign affairs departments, and even apparently copied to the office of Peter MacKay, who was minister of foreign affairs in 2006.

Hillier denied seeing Colvin's reports at the time, but assured MPs that had they warned of tor-ture, he would have been briefed. He said he recently reread the reports to reassure himself that he didn't blunder three years ago.

The testimony backed up by retired general Michel Gauthier, former head of Canada's expeditionary forces, and Maj.-Gen. David Fraser, the Canadian commander on the ground in 2006.

Gauthier testified that reports in 2006 and early 2007 never even used the word torture, except in one isolated incidence.

THE CANADIAN PRESS





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#### 6615 Iubilee Road

The gilded era is alive again this Christmas season. Kenneth McRobbie, President & Design Director of McRobbie Design Group, has used crystal, gold and purple hues to accentuate the 18th centuryinspired interior.

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### Police arrest 29 for Ontario, Quebec counterfeiting ring

FAKE It's unclear how many fake Canadian passports are in circulation, police said vesterday after arresting alleged members of a large counterfeiting ring in Ontario and Quebec that produced high-quality, fake government ID cards.

The RCMP stressed there was no evidence any of those documents had fallen into the hands of terror-

Police made dozens of raids in Ontario and Quebec, which even saw parents at three Montreal day cares asked to retrieve their kids when the centres were shut down as alleged counterfeiting labs.

About 400 officers participated in the operations, and 29 people were arrested. THE CANADIAN PRESS

#### **News** in brief

SWINE FLU There have been 24 confirmed cases of a type of severe allergic reaction called anaphylaxis in Canadians who have received an H1N1 flu shot, including one person who died after getting vaccinated,

officials said yesterday.

NOISE Regina mayor Pat Fiacco wants to muzzle noisy mufflers and other after-market sound boosters on vehicles that rumble up and down city streets.

THE CANADIAN PRESS



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#### The Inuit will make a mark in 2010

Canada's Inuit organization has declared next year the Year of the Inuit, Canada 13 CBC News Online reports. The focus is on the challenges the Inuit face. METRO NEWS SERVICES

#### **Lawsuits target** drop-side cribs

RECALL Class-action lawsuits have been filed across Canada on behalf of consumers who bought drop-side cribs now subject to a massive North American recall.

The action, filed in six provinces, seeks a full refund for consumers who bought the cribs made by Stork Craft Manufacturing of Richmond, B.C.

The suits also name Fisher-Price, Sears and Wal-Mart.

THE CANADIAN PRESS

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### Bank reports jump in cost of owning your own home

The cost of home ownership went up in Canada for the first time in 18 months, the Royal Bank reports.

And tight supply and strong demand are expected to keep prices high go-ing forward in 2010, the bank says.

Consumers planning to buy houses should take note that the current low interest rates aren't going to hold indefinitely, senior economist Robert Hogue

said yesterday.

"Families and holds that are considering making the leap have to be mindful that, yes, there are very attractive interest rates right now but it's not going to remain at this level forever," he said.

Costs increased for the first time since the spring of 2008 due to a slight rise in mortgage rates and higher property values, Hogue said

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Putin's tiger OK

A rare Siberian tiger that Vladimir Putin fitted with a radio-tracking collar is alive and well, the Russian prime minister's spokesman yesterday. Putin drew worldwide publicity in 2008 when he shot the five-year-old female with a tranquilizer gun and helped place a transmitter around her neck. Visitors to his website could follow the animal's prowlings through Russia's Far East. THE ASSOCIATED PRESS

# World



### **Deadly floods pound South America**

Officials say flooding from heavy rains has killed 12 people in three South American nations and forced more than 20,000 to flee their homes. Most of the dead are in southern Brazil. Sustained stormy weather has saturated the region and caused the river between Uruguay and Argentina to overflow its banks. Government agencies report that 10,000 people have been evacuated in Brazil, along with 8,000 in northeastern Argentina and 4,000 in Uruguay.

THE ASSOCIATED PRESS

#### **News** in brief

FRANCE What does it mean to be French? That's the thorny question the government is putting to its people in what's being billed as a "Great Debate" — set against a backdrop of smouldering unrest in immigrant-heavy suburbs, a movement to ban full Muslim veils, and questions over whether France's identity is vanishing in a complex world. All French citizens are invited to participate in the series of meetings organized by the government across the country, lasting through Jan. 31. **CONGO** One of Africa's most brutal rebel movements relies on a vast, international network of supporters in at least 25 countries, a UN report said. The findings show that the network of people help rebels in Congo buy arms and transfer money. The conclusions were slated to be discussed by the UN Security Council yesterday.

THE ASSOCIATED PRESS

# Charges on eve of Mumbai anniversary

Pakistan charged seven men in last year's Mumbai attacks yesterday, its first indictment in a case being monitored by India and the United States to see if Islamabad makes good on promises to bring those responsible to justice.

Despite a crackdown in the months following the attacks, analysts say Lashkar-e-Taiba, the Pakistani militant group blamed for the three-day assault on the financial centre that killed 166 people, remains active and largely untouched by Pakistani authorities.

The Mumbai attacks halted a slow-moving peace process between Pakistan and India — which have

fought three wars since gaining independence from Britain in 1947 aimed at resolving their core dispute over Kahsmir, which they both claim. India says Pakistan must crack down on militants before talks can resume.

The charges were announced in a closed door court located inside a highsecurity prison near the

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Police investigating Philippine election convoy massacre. Scan this barcode for the full story. Learn how to scan the barcode with the instructions at the top of pg 3

#### **Surviving gunman**

• India is currently trying the lone surviving gunman, Ajmal Kasab, who also faces the death penalty.

capital Islamabad, on the eve of the first anniversary of the attacks. A judge adjourned proceedings until Dec. 5, when prosecutors will present their opening arguments.

Late yesterday, Indian Prime Minister Manmohan Singh, who was in Washington, said the planners of the attacks are still free in Pakistan and issued a stern warning to punish the masterminds.

THE ASSOCIATED PRESS

#### Saudi Arabia Journey to Mecca



Muslim pilgrims attending the hajj walk on flooded streets during heavy rains near Mecca, Saudi Arabia yesterday. The heaviest rainstorms to hit Islam's annual hajj in years soaked pilgrims and flooded the road into Mecca and Jiddah, snarling traffic as millions headed for the holy sites.













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The Obama administration is backtracking on an announcement that it had reviewed its policy allowing military use of land mines and decided to leave it in place. On Tuesday, U.S. State Department spokesman Ian Kelly said the administration had completed a review and decided not sign a treaty banning land mines. THE ASSOCIATED PRESS

### world 15

# Group posts 9-11 texts

#### Authenticity of messages from fateful day unconfirmed suits and numerous gov-

Daniel Schmitt, a Wik-

ileaks spokesman from Berlin, said the pager mes-

sages were submitted to

the site anonymously sev-

"From the context infor-

mation that the source provided we have strong

reasons to believe that this

is valid data," Schmitt said.

the messages "is one more building block to getting a

full picture of what hap-pened on that day." He not-

ed that none of the mes-

Schmitt said publishing

ernment documents.

eral weeks ago.

An activist group has begun posting 573,000 pager messages purportedly sent on Sept. 11, 2001. from "Second World Trade Center tower collapses" to "I'm ok&love уои..хохохохохохохохох

The group, Wikileaks, says some of the messages were sent by federal and local officials, but most appear to be from regular people, including frantic New Yorkers trying to reach loved ones in and around the World Trade Center

Wikileaks was posting the messages for most of the day yesterday and expected to finish early Thursday.

The messages range com "DO NOT GET ON HE PATH TRAIN...THE from WORLD TRADE CENTER IS ON FIRE" to "President has been rerouted wont be returning to washington but not sure where he will go.'

Some are unrelated to the terrorist attacks: "Paul, Ierry and I feel that we can expect around 200 people for the Pig Picking. Call if you want to. Keith

Wikileaks says its goal is to promote transparency by putting leaked documents online. Its repository includes manuals, law-

#### **News** in brief

**MOROCCO** A Swiss adventurer trying to soar from Morocco to Spain on jet-powered wings has ditched safely into the Atlantic after hitting turbulence and clouds so thick he could not tell if he was flying up or down. The bad weather rather than a mechanical malfunction, as reported earlier by the project's sponsors thwarted Yves Rossy's bid yesterday to become the first person to achieve such an intercontinental cross-

COLOMBIA A Colombian court has convicted a retired army general of murder and sentenced him to 40 years in prison for his role in a notorious 1997 massacre by far-right militias. The sentence of ex-Gen. Jaime Humberto Uscategui is the most severe imposed on a senior Colombian officer in a case of collusion with right-wing death squads. A paramilitary force murdered at least 49 suspected querrilla sympathizers in the village of Mapiripan from July 15-20, 1997. At the time, Uscategui was a brigade commander in charge of a garrison where a pair of chartered planes full of far-right gunmen landed and were dispatched to oversee the mass killings.

THE ASSOCIATED PRESS

#### El Salvador Marching against violence



Women in body paint march against violence against women in the El Salvadoran capital of San Salvador yesterday. Hundreds of people marched in honour of International Day for Elimination of Violence against Women.

sages appear to lend credence to conspiracy theories that suggest the U.S. government was behind the attacks or had advance knowledge of them.

New York City's police

and fire departments said they could not confirm that any of the messages were actual department communications. The Port Authority of New York and New Jersey, the U.S. Secret Service and the Federal Emergency Management Administration declined to comment on the messages.

THE ASSOCIATED PRESS



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# **Comment & Views**

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**Comment** 

# The workplace romance ... at home



dropped in on an old friend who, since I'd last seen him, has not only gone into business for himself, but is working with his wife. Couples who can manage to do this sort of thing fascinate me.

So I asked him, "How is she as a co-worker?" "She's great," he replied.

"She's great," he replied. What else is he going to say?

say?
Working with someone with whom you're already entangled is the reverse of the workplace romance as we usually know it. Instead of watching a lover emerge from a stranger, you watch a stranger of sorts, a professional self, emerge from your lover.

That's exciting, sure, and many couples' complaints won't be yours anymore.

You'll certainly see enough of each other, be more involved in each other's lives, but we should always be careful of what we wish for.

Is your attachment strong enough to survive a highly personal office brand of politics? What happens to your relationship — or your business — when one or the other fails? The exit interview could be remarkably unpleasant. How do you make your partnership more Naomi Klein and Avi Lewis, less Ike and Tina Turner?

Times like these, in which jobs evaporate and self-employment beckons, tempt more couples to experiment with working together. It's been tried often enough that there are countless how-to articles, written by successful power couples, usually with lists of rules.

Alas, since these are relationships after all, everybody's rules are different, and often contradictory. "What happens at work stays at work," advises one guru. "What happens at home stays at home."

Another warns, "Don't separate work from the rest of your life ... The idea that 'work time' and 'time off' are separate is a false distinction."

Thanks for clearing that up, gurus.

T've never tried this particular setup myself (I prefer to be the one listening to the complaints about work than the subject of those complaints) but I've seen many couples do it with style. Unsurprisingly, they tend to be married. Any marriage, after all, is al-

ready a de facto small business.

My friend and his wife work mostly from home, but he's also got an office, so clients can be entertained somewhere other than the kitchen with the

She's also looking for work in her own field, so this team-up isn't likely to last forever. The relationship, from all indications, will.

Steve Collins offers his best guesses on relationships for Metro every two weeks.

**Views** 

# Gender studies support crucial lessons



As many women do in university, I took a few women's studies classes. I remember in one mostly female class the teacher asked who was feminist; my hand was among a few that went up. But in class discussions, my classmates' thoughts on gender roles or reproductive rights made it clear that's exactly what they are.

It's an apt example of how necessary gender studies are; that young adults can dismiss feminism as radical yet recognize the cornerstones of the movement is evidence of this.

Fortunately, two initiatives are underway to change that.

Ontario's education ministry announced earlier this month that a gender studies class would be offered beginning in September 2011 — a crucial lesson for young men and women just starting to learn how to relate to one other.

Shameless Magazine, a Canadian feminist magazine, has launched free weekend workshops on journalism for teen girls called Shameless Wire. By teaching them the fundamentals of the trade, Shameless hopes to introduce more voices to tell the story of our diverse society.

As it is, degrees and unpaid internships are practically prerogatives to become a journalist, limiting the field to those who can pay their way in. Women comprise the majority of the incoming talent pool (two in three journalism students are women, according to a 2003 U.S. study), but men hold 65 per cent of supervising positions at newspapers, a 2006 study eave

2006 study says. Perhaps the simplest, most important reason is this: "Very few other industries would consider this kind of model acceptable," said Allison Martell, one of two women who created Shameless Wire. "It's not because I think we need to be a token, I just think we're going to have the best workforce if we make sure it's open to everyone."

The lesson holds true outside the newsroom, too. What we absorb in our dai-

ly lives shapes our identities. As Emily Gould wrote

moreintelligentlife.com:
"Women have not yet
come so far that we can
shrug off worries about being misrepresented."

The messages that bombard us daily can be relentless: Pop culture is littered with stereotypes and unrealistic standards: Ugly Bettys and Top Model Tyras, Biggest Losers and flabby runners-up, and men and boys

My hope is these two programs will offer a lesson not to just young adults, but to all of us: There is nuance in the world, and by acknowledging it, we're better for it.

Canice Leung is a former editor of Ryerson University feminist magazine McClung's, copy editor at Metro, ardent feminist and loudmouth.

# STEPHEN HARPER REITERATES THE CANADIAN GOVERNMENT'S POSITION ON GLOBAL WARMING:



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# Russia wants to invest in loonie

The Canadian dollar shot closer to parity with the U.S. dollar yesterday after the Russian central bank said it is preparing to invest in the loonie and diversify away from the American greenback.

The Russian bank said it plans to invest some of its foreign exchange reserves in Canada's currency to diversify its portfolio and reduce dependence on the U.S. dollar.

A Canadian market that has fared better than many during the recession, and a sluggish U.S. economy, make Canada an ideal investment for banks looking to diversify their investments away from U.S. dollar reserves, the staple reserve currency in most

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countries, said Steven Butler, director of foreign exchange at Scotia Capital.

"The Canadian economy has weathered the storm much better than a lot of other countries and Canada seems like a pretty logical place to diversify, especially the way the commodities have been climbing higher and the way the Canadian dollar has weathered the

THE CANADIAN PRESS

## Business buzz 'Tis the season



South Korean children wearing Santa Claus outfits wait yesterday to participate in a special event to promote business in at the Time Square in Seoul, South Korea. Many South Korean companies take advantage of Christmas to promote their business amid weak sales and economic slowdown.

#### **Business** in brief

NEWSPRINT Two Quebec judges yesterday endorsed changes that will save the insolvent newsprint giant

AbitibiBowater nearly \$5 million a year. They include the sale of a pulp and paper mill in Quebec. THE CANADIAN PRESS

### 99% in favour of EnCana split

EnCana Corp.'s plans to knew major shareholders

companies resuch "It's kind of ceived overwhelming from unheard of in support shareholders yesterday even any transaction." least 99 per cent the company's Randy Eresman

chief executive was caught a bit off guard.

Randy Eresman, who is to head up the unconventional natural gas-focused company that will emerge from the split, told reporters he

split itself into two separate companies re
What he did-

n't expect was a near-unanimous vote — at

the split at a special

holder meeting in Calgary yesterday

"It's kind of unheard of in any transaction," Eresman said in a news conference. THE CANADIAN PRESS

#### **Business profits** rise 7.9% in Q3

PROFIT Canadian corporations earned \$54.1 billion in operating profits in the third quarter, up 7.9 per cent from the previous quarter after three quarterly declines. Eighteen of 22 industries had higher profits. THE CANADIAN PRESS



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18

The Dalhousie Tigers will add high-scoring Benjamin Breault to their men's hockey lineup in January. The 21-year-old forward, a former Buffalo Sabres draft choice, is a former QMJHL star Who potted 30 goals four times with the Baie-Comeau Drakkar and Quebec Remparts. It's a big boost for a club that is 2-8-2, seventh of eight teams in the AUS standings. METRO HALIFAX

# Sports



#### Jeanty tries out for Kebs

last weekend. Jeanty, who played with the Kebs in 2007-08, averaged 10.3 points and 6.3 rebounds in 19 games with Halifax last season.

# Glavic ready for Vanier Cup 'redemption'

### Former Huskies QB finally gets chance to play in the big game

MATTHEW WUFST

#### Erik Glavic is getting his first true crack at the

Vanier Cup.

The last time he quarterbacked a team to the Canadian Interuniversity Sport football final — the Saint Mary's Huskies in 2007 he was forced to sit on the sidelines after tearing his anterior cruciate ligament in the Uteck Bowl.

This time, he'll be fully healthy when he leads the Calgary Dinos into PEPS Stadium in Quebec City Saturday.
"In '07, not being able to

play in it was one of the hardest things I've ever had to go through," said Glavic, who is nominated for the second Hec Crighton award of his career after transferring to Calgary from Saint Mary's in January.

'To have redemption, to know I can go out there and play in the Vanier Cup, is an unreal feeling."

Glavic survived an injury scare early in the Uteck Bowl against the Huskies when he went off with a hand injury in the first quarter. But he returned shortly thereafter.

"I was a little banged up, but I feel good," Glavic said

The 23-year-old is one of six former Huskies on the Dinos' roster, not to mention head coach Blake Nill, who held the same post at Saint Mary's for eight seasons. The Dinos face the Queen's Golden Gaels, a team with four Nova Scotians on the roster, led by receiver

"To have redemption, to know I can go out there and play in the Vanier Cup, is an unreal feeling."

Erik Glavic

Blaise Morrison of Bedford.

The Dinos lived up to their billing as the nation's No. 1 rushing team in last week's Uteck Bowl, piling up 426 yards on the slicing ground and through the Huskies' defence.

Golden Gaels. The buoyed by a prolific passing attack and quarterback Brannagan, Danny stunned the No. ranked Laval

Rouge et Or in the Mitchell

"I know he's a great quarterback," said Glavic, who was teammates with Brannagan on Team Canada at the 2005 NFL global under-19 championship.

"They have great re-ceivers, a great offence and their defence is pretty solid, too. It should be a good matchup and I'm just excited to play in it.'

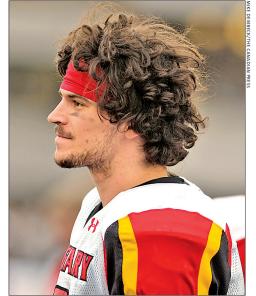
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Dalhousie Tigers add firepower

Calgary Dinos quarterback Erik Glavic smiles during the second half of last Saturday's Uteck Bowl in Halifax.

#### Gordon, MacDonald demoted to minors

NHL A couple of Nova Scotians saw brief NHL stints come to an end Tuesday with demotions

to the minors.
Porters Lake forward Andrew Gordon was reassigned by the Washington Capitals to the Hershey Bears, while Judique defenceman Andrew MacDonald went from the New York Islanders to the

Bridgeport Sound Tigers. Gordon appeared in two games with the Caps, while MacDonald suited up for three games with the Isles.

METRO HALIFAX

# Rainmen set to touch down

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PBL The Halifax Rainmen are feeling the competitive heat from the rest of the Premier Basketball League.

-877-373-97

With their players arriving in Halifax on the weekend for next week's training camp in Yarmouth, Rainmen owner Andre Levingston is looking around the rest of the league and realizing it's going to be a challenging season.

For example, Puerto Rico, one of the league's expansion franchises, has signed NBA veteran Bonzi Wells, a 33-year-old with more than 7,000 big-league

The collapse of the Continental Basketball Association, meanwhile, has left the PBL and NBA D-League as the only main North American pro basketball

options.
"This league is going to



Bonzi Wells

ultra-talented," Levingston said. "Puerto Rico signing Bonzi Wells is crazy. If you don't bring your A game, you'll get run out of the building.

The Rainmen, led by star signings Tony Bennett, Jason McLeish, Desmond Ferguson and Eric Crookshank, have nine players under contract heading into camp Tuesday.

Guard Jerwin Callaway, who signed in early September, is no longer coming because of a passport issue.

They recently added Harlem's Kendel Provet to their list of tryouts, a group that has swelled to five. Provet, a point guard, is described by Levingston as "a killer" on the New York courts who hasn't played much organized

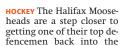
They expect to bring in four more players — possi-bly some late cuts from the D-League — for a total of 18 by the time training begins. The season opens in

January.
"Once the guys arrive, the buzz really starts," Levingston said. "It's a really exciting time for us right

MATTHEW WUEST/METRO HALIFAX

### Herd's top-scoring D-man a step closer to return

MATTHEW WUEST matthew.wuest@metronews.ca



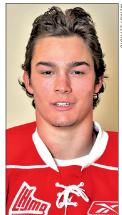
lineup. Garrett Clarke, a 17-yearold who has been sidelined for the past four games with a knee injury, learned yesterday he does not have ligament damage and was cleared by the team doctor to skate for the first time since Nov. 13.

The six-foot, 198-pound sophomore leads Mooseheads blue-liners in scoring with three goals and nine assists for 12 points along with 70 penalty minutes in 20 games.

Another defenceman with a knee injury, Konrad Abeltshauser, also learned he doesn't have ligament damage, but his news isn't quite as good as Clarke's. He also has a high ankle sprain and won't skate for at least another week.

The 6-foot-3 rookie from Bad Tolz, Germany, has two goals and eight assists for 10 points in 17 games.

In other injury news,



goalie Mathieu Corbeil was diagnosed with a hairline fracture in the pinky finger on his catching hand.

Although he sat out last Sunday's loss to Victoriaville, he will be available for home games Saturday against the Quebec Remparts and Sunday against the Bathurst Titan.

or weekend coverage visit Matthew Wuest's Q Files blog:

#### **Sports** in brief

CHL The Saint John Sea Dogs, off to a 23-4-1 start, sit No. 2 in the Canadian Hockey League's latest top-10 ranking. The Sea Dogs feature three Halifax-area products in Steven Anthony, Michael Kirkpatrick and Stephen MacAulay. **AUS BASKETBALL** Despite

rookie guard Justine Colley's 27-point, four-assist effort, the Saint Mary's Huskies fell 58-55 to the host Acadia Axewomen last night. Halifax's Alise Brown had 22 points for Acadia (3-2). The Huskies dropped to 3-5.

METRO HALIFAX

metro Thursday, November 26, 2009

#### Iverson to retire?

Allen Iverson is set to retire from the NBA, according to an online report. Commentator Stephen A. Smith published a statement attributed to Iverson, saying the 10-time all-star plans to retire. THE ASSOCIATED PRESS sports 19

# **Crosby torments Habs**

#### NHL RESULT







Sidney Crosby scored a goal and set up another with a no-look pass as the Pittsburgh Penguins matched a franchise record for most victories in their first 25 games, beating the Montreal Canadiens 3-1 last night.

The Penguins are 17-8 with five victories in six games since losing four in

a row and five of six. The only other seasons they won 17 of their first 25 were 1995-96 (17-5-3) 1994-95 (17-6-2), were tie when there



Pittsburgh's Sidney Crosby, right, celebrates his first-period goal with teammate Max Talbot, who earned the assist, against the Montreal Canadiens last night in Pittsburgh.

Crosby, held scoreless in five consecutive games for the first time in his career earlier this season.

tormented Canadiens — the team he followed as a youngster after Montreal drafted his father, Todd, in 1984.

and an assist as the Penguins have outscored Montreal 9-2 in two games in Pittsburgh, including a 6-1 victory on Oct. 28 in which Crosby had his only three-goal game this season.

Crosby has three goals and six assists in seven games since the scoreless streak ended.

Yesterday's loss was the Canadiens' last scheduled regular-season game in Mellon Arena, which was known as the Civic Arena when they first played there in 1967.

The Canadiens finished with 44 wins, 33 losses and 14 ties.

The Penguins will move into a new arena next season. THE ASSOCIATED PRESS

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#### **Sports** in brief

SOCCER Five clubs in Albania. Latvia, Slovenia and Hungary were named as suspects in European football's biggest match-fixing investigation, UE-FA said yesterday. The European football body identified the clubs as KF Tirana, FC Dinaburg, KS Vilaznia, NK IB Ljubljana and Honved and said they allegedly fixed seven qualifying round games in the Champions League and Europa League between July 16 and Aug. 6.
TENNIS Rafael Nadal fell out of

contention for a spot in the semifinals at the ATP World Tour Finals with a second straight defeat, losing 6-1, 7-6 (4) yesterday against Nikolay Davydenko. Earlier, Robin Soderling became the first player to reach the semis of the season-ending tournament by beating Novak Djokovic 7-6 (5), 6-1. NFL Two-time Super Bowl winner Mike Shanahan has met with the Buffalo Bills to discuss their head coaching vacancy, according to a published report. ESPN.com reported yesterday that Bills chief oper ating officer Russ Brandon travelled to Denver and spent

THE ASSOCIATED PRESS

# Packers look to backup players

NFL Aaron Kampman has been there for Green Bay Packers rookie Brad Jones all year, sharing the subtle tricks and techniques he has learned on the field and in the film room through seven-plus NFL seasons. The Packers can't count

on Kampman anymore, but Jones still will.

Jones credits Kampman for the improvement he has made coming to Green Bay as a seventh-round pick out of Colorado.

"Aaron's so good, man," Jones said Tues-

Brad Iones

day. "He's really the description of a 'vet,' a veterplayers, who will have to an. He knows so much, take on more significant he's helped roles in the wake of Sun-day's season-ending knee me so much." injuries to Kampman and cornerback Al Harris, two Jones cornerstones of Green one of sev-

Bay's defence. With today's Thanksgiveral ing Day game looming in Detroit, the Packers barely have time to draw up have time to tilaw up Plan B — and certainly have no time to sulk. If backups such as Jones and cornerback

Tramon Williams don't take up the slack, the Packers (6-4) might miss the playoffs.

THE ASSOCIATED PRESS

### Madrid, Milan, Marseille battle to qualify

SOCCER Real Madrid, AC Milan and Marseille remain locked in a battle to advance from the same group after not a single team clinched qualifica-tion in the Champions League yesterday.

Madrid tops Group C

with 10 points after Gonzalo Higuain scored in a 1-0 win over FC Zurich.

Real Madrid's Cristiano Ronaldo returned to action yesterday after nearly two months out due to injury.

Milan drew 1-1 with Marseille to be next with eight points, one more

than the French club. Marco Borriello's 10th-minute goal for the Italians was cancelled out six minutes later by Lucho Gonzalez.

Marseille Madrid by a two-goal mar-gin Dec. 8, the Spaniards will still qualify even if Milan defeats last-place

THE ASSOCIATED PRESS

#### **SCOREBOARD**

seven hours meeting with

Shanahan Monday and Tues-

OVERALL STANDINGS
EASTERN CONFERENCE
GP W LOL GF GA Pt
urugh 25 17 8 0 77 69 34
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inglon 25 14 5 6 4 59 59 28
srsey 22 15 6 1 61 49 31
dphila 22 13 8 1 75 60 27
1921 21 7 7 2 54 52 26

21 11 7 3 73 61 25

d - division leaders ranked 1-2-3 regardless of points

YESTERDAY'S RESULTS
Toronto 4 Tampa Bay 3
New Jersey 3 Ottawa 1
Pittsburgh 3 Montreal 1
Atlanta 2 Detroit 0

TODAY'S GAMES Columbus at Ottawa Los Angeles at Vancouver

#### YESTERDAY'S RESULTS

YESTERDAY'S RESI Charlotte 116 Toronto 81 Boston 113 Philadelphia 110 Cleveland 98 Detroit 88 Dallas 130 Houston 99 Denver 124 Minnesota 111 Indiana 86 L.A. Clippers 73 Milmari 99 Orlando 98 Milwaukee at New Orleans Golden State at San Antonio Memphis at Phoenix

TODAY'S GAMES ando at Atlanta, 8 p.m.

Chicago at Utah, 10:30 p.m.

TODAY'S GAMES Green Bay at Detroit, 12:30 p.m. Oakland at Dallas, 4:15 p.m. N.Y. Giants at Denver, 8:20 p.m.

### SUNDAY'S GAMES

SUNDAY'S CAMES

Miami at Buffild, 1 p.m.

Carolina at NY. Jets, 1 p.m.

Sestite at \$1. Louis, 1 p.m.

Tampa Bay at Atlanta, 1 p.m.

Indianapolis at Houston, 1 p.m.

Cleveland at Cincinnati, 1 p.m.

Kansas (ity at San Diego, 400 p.m.

Kansas (ity at San Diego, 400 p.m.

Acksomile at San Francisco, 405 p.m.

Arizona at Tennessee, 415 p.m.

Pittsburgh at Baltimore, 8:20 p.m.

Pittsburgh at Baltimore, 8:20 p.m.



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Thursday, November 26, 2009

Treat vourself!

If you're out shopping and need a pick-me-up, why not go for one of these holiday lattes from Starbucks? Flavours include Peppermint Mocha, Gingerbread, and Caramel Brulée. Five cents US from the sale of every latte will be donated to RED on Dec. 1. METRO NEWS SERVICES

# opping Guide

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

# hoot to thrill with cameras

From DSLRs to camcorders, there's something for every photographer on your list

RAFAEL BRUSILOW

A picture truly is worth a thousand words so snap away this holiday season with some of Metro's best picks for photographic

#### Samsung ST550 dual-screen camera \$399.99

If you love hanging out with friends but hate hav-

ing all those selfportrait group shots turn out skewed with people cut

the ST550 camera is for you. As the world's first dual-LCD camera, the ST550 places a second 1.5-inch LCD screen on the front, lens-forward part of the camera to let you see exactly how you're framing your self-portrait. You'll also notice there are no buttons on the back of the camera, which is taken up entirely by a huge 3.5-inch touch screen that lets you take and edit your photos using just your fin-ger. With 12.2 megapixels,

ger. With 12.2 megapixels, image stabilization and smart face recognition to

camera. Nikon D3000 DSLR w/ 18-15mm lens

\$639.95

boot, this is one cool

A killer rig for the enthusiastic photographer,

Nikon's D3000 is the premiere entrylevel Digital SLR camera on the market. Don't let the entry-level tag fool you though, there is nothing stripped down or featurefamished about With this model. an 11-pt autofocus, large DX format CCD sensor, threeinch LCD monitor and coming with

versatile 18-55mm VR lens (VR stands for Vibration Reduction Nikon's version of image stabi-

lization) this is way more camera than you should be getting for the money. For real DSLR first-timers, the camera sports a powerful

guide mode to help teach you not only all the ins and out of the

camera, but the most crucial principles of DSLR photography as well.

> Olympus Stylus Tough-6000 Built to sur-

vive situations that would see other cameras either shatter into shards or shut down for good, the 10-



flip megapixel Tough-6000 is touted by Olympus as being able to survive a fivefoot drop, being sub-

merged 10 feet underwater, sat upon or even frozen to -10 C. The body has a built-in "tap built-in control"

whereby things flash mode picture or playback can be ac-

cessed simply by tapping the sides or back of the camera — ideal for when you're wearing gloves on the winter slopes or diving to snap shots of dolphins. If there ever was a truly child-proof camera that not even your delightful nephew could ruin with his "eccentric" ways of playing with toys, this is it.

#### Canon 7D **DSLR** camera \$2,099.99

Canon's newest DSLR addition is the real deal - a professional level camera



semi-professional i-professional price really understands that what makes phofun. tography

> takes Canon's excellent sensor new heights

with megapixels attached to two Digic 4 image processors, which enable the rig to take photos at 8 fps in continuous shooting mode with ISO ratings up to 12,800 for superior low-light photo taking. Canon consulted with more

than 5,000 professional ly what they wanted from a camera and the result is a swath of revolutionary features

photogra phers worldwide to find out exact-

like an intelligent light metering a bright



viewfinder with 100 per cent coverage, full HD 1080p video shooting, a built-in transmitter for external flashes and even a dual-axis electronic level built into the viewfinder so you'll never have to take skewed shots that look like the Titanic is constantly sinking. This camera

might even slay drag-ons if you find the right button.

**Kodak Zi8 pocket** video camera \$1<u>9</u>9.95

Small but feature packed, the Kodak Zi8 is convenient and fun to use. This compact but powerful little

camera is great for great taking quick vids on-the-fly for your Youtube or Facebook postings.
Despite its smaller size and price, the camera packs in full 1080p HD video capabilities, image stabilizaimage stabiliza-tion, face detection and comes with

video

HD

MI and AV cables included. Easy to carry and use, the Zi8 is perfect for budding pocket-directors.

1 ::::

#### Flip Video MinoHD camcorder

\$279.99 If cuteness

could trans-form into a camera, the MinoHD

might just be the form it would take. While the spry little camera can take up to 60 minutes of high-definition video and features an in-

ternal rechargeable battery, it also

has plenty of style: Yours. The MinoHD has a fully customizable exterior, from cool prints to interesting patterns to your own photos or images, making sure every Mino is unique. The personalization is fully included in the price and the camera weighs just over three ounces.



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## **Holiday Shopping Guide**

# Gifts for the gamer in your life

KAREN FALCON for Metro Canada

This season is stuffed full of gaming goodness and Metro has made it wickedeasy for you by narrowing the choices down to the best of the holiday offerings (all under \$60). Just take this handy paper to the store and point to what you need. Clever, riaht?

#### **Borderlands**

Platform: PS3, Xbox 360 Rated: M

There's never been anything quite like it. It's a shooter and it's an RPG. I'm just gonna put this out there and say I don't think I played a better game this year. Did I mention it's got guns?

mind-boggling amount inspiring guns? And vending machines where

you can use your XP to buy health, shields, ammo, and more guns?

The single-player is fantastic but as you roam around the Borderlands searching for loot, think about convincing your friends to get this game too — it's uber-good alone but even better with four of you running and gunning, leveling up your distinct characters, and making giant Spider Ants go splat.

### Call of Duty: Modern Warfare:

Platform: PS3, PC, Xbox 360

Town and it's not going to be easy. The

campaign is relentlessly frantic, short, and super-freakin'-

hard on Veteran, but don't worry be-

cause the single-player sto-

You need to secure Burger

But star. that's only one of the beauties.

can still win

races and feel

like a rock

bet it is

There are lots! Like the endless decals and paint

Forza Motorsport 3

I'm no driver. I'm just a

chick who games a lot and

the beauty of this game is

that even if you're like me

and have no clue what a

gas pedal looks like, you

Platform: Xbox 360 Rated: E



ry isn't where it's at. The jobs you can create. Like racing around the world online play that delivers all kinds of great new stuff with people from around and the new two-player cothe world. Like turning off op Special Ops missions are where it's at. With the racing line, the ABS, and the traction control, groundwrecking graphics, kill-streaks that unlock nukes, and lasting appeal that will take you to 2014, I then stuffing your beautiful creation right into the corner on that hairpin turn. wonder if this is why COD MW2 is busting all kinds of video game records - I'll

Whatever your capacity for racing games, Forza 3 rocks. And another beauty pretty much every car is for sale from the very beginning so you don't have to wait to play. Beautiful.

#### Left 4 Dead 2

Platform: Xbox 360, PC Rated: M

Mmm... zombies. Creepy, creepy zombies. Žombies vs. up to four co-op human



The undead around faster than you think the undead would. the Director (AI) is brilliant, and the game tailors

itself to the player's abilities. So what's better than that, you ask? Well, for starters, there are five immediately accessible campaigns, an insanely fun multiplayer mode called Scavenge, a grenade launcher that teaches you the meaning of "friendly fire", and a frying pan. That's right — and it makes the most satisfying sound when it connects with zombie brains. Frying pans aren't just for eggs anymore — they're for hordes of swarming zom-

# Ratchet & Clank Future: A Crack in Time

Platform: PS3 Rated: E

Your favourite Lombax is at it again and this time he's packin' a customizsuper-cool, uber-inventive arsenal.

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Clank this tions. installast ment of the Future series isn't one fans



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# **Holiday Shopping Guide**

24

# Deck the halls



nament, \$4.95 at Pier 1 Imports. For more, go to pier1.ca.

Shoe ornament, \$11.99, with "If the shoe fits, buy it" printed on it. Available at . Hallmark. For more, go to hallmark ca.

ment by HomeSense, \$5.99. For more, go to homesense.ca.

Feathered glass bird ornaments, \$5.99 for a set of three at HomeSense, For more, go to homesense.ca.

snowflake ornament with mirrored detail, \$5.99 at HomeSense. For more, go to homesense.ca.

Sales from these collectible brass ornaments, \$18.50, go to support Unicef. For more, go to shopunicef.ca. METRO NEWS SERVICES

> Glass polka-dot ornament, \$4.99 at HomeSense For more, go to homesense.ca.

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### **Holiday Shopping Guide**

# Gifts for the book-lover on your list

A funny French wine tour memoir from a new Canadian writer and the dark sophomore novel by an

Australian singer are

must-haves for this holiday season.

Whether you're trekking old-fashioned to the bookstore or stuffing stockings with a click, consider these top publishing picks of 2009.

Author: Kathryn Borel Jr. Publisher: John Wiley & Sons Price: \$29.95 (hardcover)

The road to hell is paved with grapevines in this comic breakout memoir by Toronto radio producer

Despite



ther Philippe, Kathryn's vintage vocabulary hasn't quite ferment-

Aiming to connect with often-headstrong Philippe, initiates a fatherdaughter wine quest through France. But the well-intentioned

trip soon turns sour as she struggles to reconcile her father's outrageous behaviour with her own strenuous past.

Written in Borel's sharpwitted, self-assured voice, Corked marks the introduction of an expressive, honest writer whose rich, vivacious voyage proves to be compassionate as it is, itself, corked.

#### Generation A

**Author:** Douglas Coupland **Publisher: Random House** Canada

Price: \$32.95 (hardcover)

Eighteen years after the release of his breakout novel Generation X, Vancouverbased Douglas Coupland follows the narrative style and

theme that brought him to recognition in Generation A. In the near

future, bees have all gone extinct. But when five strangers from Canada, the United States, France, New Zealand and Sri Lanka are each stung, they become embroiled in mass media attention, studies and eventual capture by a scientist determined to discover their connection in his own way.

Blending sentiments of

phe, Coupland continues his astute reflection on popular culture and technology, always coloured by his distinctive brand of humour.

# **When You Are** Engulfed in Flames

Author: David Sedaris Publisher: Little, Brown & Co. Price: \$17.99 (paperback)

In this sixth collection of personal essays by matterof-fact American hiimourist and storyteller David Sedaris, the writer

continues to mine the seemingly munďane, turning his daily experi-

ences into wonderfully wr accounts of personal discovery. In more than 22 short accounts, Sedaris probes his boyfriend.



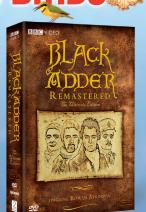
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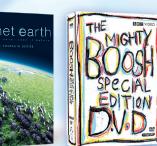
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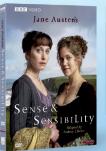
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Gourmet Today, edited by Ruth Reichl, features more than 1,000 recipes including some for meals that are ready in 30 minutes or less. Available for \$49.95 at Indigo and Chapters stores, or \$32.96 online at chapters indigo.ca. METRO NEWS SERVICES



### **Holiday Shopping Guide**

# Books the children will adore

BRIAN COULTON for Metro Canada

From an epic journey in the Norwegian bush to a junior jaunt through the music industry, Metro's holiday book picks for kids focus on accomplishment, whether it's mastering a new skill or overcoming the odds.

Give your eight- to 12-year-old one of these good reads, marking 2009 highlights in youth publishing.

## **Learn to** Speak Music

Author: John Crossingham Publisher: Owlkids Books Price: \$19.95 (paperback)

The language of music is universal and in this fullyillustrated and informative guide, Toronto-based musi-John Crossingham (who plays with Broken Social Scene) is your MSL guide to reaching rock star status. Aimed at fostering kids' inspiration and inmusical ability, the motivating manual



technical bases from choosing an instrument, forming a band and recording, to hands-on marketing techniques like designing T-shirts and concert posters. Simple and entertaining language paired with tips from Canadian pros like Metric's Emily Haines, Ron Sexsmith and Feist, and accompanying playlists will prime performers of any age and experience.

#### Odd and the Frost Giants

Author: Neil Gaiman

Publisher: Harper Price: \$19.99 (hardcover) For the followup to his Newbery Medal-winning

Book, English author Neil Gaiman enters the wintertouched ancient forests of Norway, accompanied by scenic illustration by Brett Helquest. After the death of his father and an accident that crippled his own

leg, seems young ODD Odd stuck in a run of bad luck. But he becomes a good omen

for Asgard, city of the gods, when he discovers he may have what it takes to liberate it from the occupying Frost Giants. With the help of a bear, fox and eagle he meets along the way, Odd uses quick thinking and a brave face to topple the Frost Giants and return Asgard to its rightful inhabitants.

# **Grown-Ups Are** Dumb (No Offense)

Author: Alexa Kitchen Publisher: Disney Hyperion Price: \$11.50 (paperback) She's bold, she draws, she writes ... and she's only 12-

toonist," published years-old. Massachusettssince age

Kitchen. "the world's youngest professional carhas comic books



takes aim at absurd moms, dads and adults everywhere. Mixing oneoff strips with series character cartoons featuring female protagonists like That Molly Kid, Hurricane Abby and Kathy Ford.





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The Festive Stars Oil Burner, \$20, creates an ambient glow. Fragrance oils include Mulled Berries, Mandarin Giner and Vanilla Spice. Available at the Body Shop, bodyshop.ca. METRO NEWS SERVICES

# **Holiday Shopping Guide**

# His favourite things...

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Signature cufflinks, \$105, at Swarovski. For more, go to swarovski.com.



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29

New mag

Mike Holmes, who launched a home renovation magazine this week will be signing copies of the debut issue and promoting it across Canada. THE CANADIAN PRESS

# **Metro Homes**

This ceramic popcorn bowl is

williams-sonoma.ca.

reminiscent of those sold in theatres during the golden age of cinema. Williams-Sonoma, \$59.95,

# BMO CIBC HSBC ICICI ING RBC Scotia TD Broker 2.25% 2.25% 3.50% 2.25% 2.25% 2.25% 2.25% 2.25% 2.00% Thrilling **theatre, cozy comfo**

EMMA YARDLEY for Metro Canada

A movie theatre may have a booming sound system and a screen the size of a house but sometimes the ease of watching a film in the comfort of your own living room wins out.

"The key to achieving a true theatre experience at home is choosing the right entertainment system for the size of your space, your level of technology knowhow, and the everyday needs of your family," says Barry Murray, director or marketing at Panasonic Canada.

He suggests looking for a with svstem surroundsound, true-to-life colour and HD capabilities.

about think "Also, whether the system will be used for gaming or music there are many products available today that offer a variety of functions, like networking capabilities and iPod compatibility.

With the right tools not only can you recreate the movie theatre experience but make it even better; at home you can press pause and go to the kitchen to refill the chip bowl.



Keep everyone happy with the DVD selection - one for the kids, one for the girls and one for the auvs. Julie and Julia, \$34.90, HMV and Best Buy; Star Trek, \$23.99; UP!, \$23.99; both at Zellers.



Pop to it! It's easy to use, easy to clean and even easier to go back for a second bowl. Toastess Cinema Popper, \$59.99, Sears, sears.ca.

Remove the middle shelf from this bonded-leather DVD storage unit and use the space to hang a small flat screen TV. Pier 1 Imports, \$749.95, pier1.com.



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Read more in the September issue of Style at Home magazine.

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# Misunderstanding allowances can be costly



onstruction contracts for new homes incorporate allowances for specific materials and finishes. Each agreement will dictate an amount, which is included in the contract price, to cover the cost of prescribed items.

Allowances for flooring, lighting, and cabinets are the most common in the industry.

Misunderstanding the use of allowances can be frustrating and costly. Purchasers should be very cautious of allowances when considering a new construction home.

Firstly, the standard features and specifications should be clearly defined in the construction contract.

Purchasers should not assume that the materials and styles used in the model home are reflective of the standard features. Model homes are usually finished with upgraded materials that exceed the allowances.

In addition, the applicable allowances will likely be inclusive of HST. However, retailers advertise

prices that exclude HST. This disparity in pricing will regularly cause purchasers to exceed their allowance.

For example, a \$1,500 lighting allowance in a sales contract is actually worth just over \$1,300 before tax.

Another common mistake relates to cabinet allowances. While many purchasers will carefully select a kitchen that fits their budget, they overlook the fact that the reference to "cabinets" in the contract includes bathroom vanities.

Many purchasers are surprised there is no allowance for certain basic items. For example, bathroom fixtures, such as mirrors, towel racks and toilet paper holders, are often excluded from sales contracts.

Purchasers may also be restricted to working with the seller's preferred suppliers.

As a result, purchasers can't benefit from sale prices that may fit their allowances if the preferred supplier is not making the same offer. This limits the ability to shop for deals.

Ultimately, any variation between an allowance and the final cost will be reflected through an increase in the contract price.

Elias Metlej is a real estate lawyer with the Halifax firm Blois Nickerson & Bryson. You can write to Elias at askelias@yahoo.com

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Have your most stylish Christmas yet this year! Our fabulous gift guide will get you started.

#### **Editors' Pick**

#### KICK IT



Classic black? You can wear that anytime. This holiday season, go for no-holds-barred glamour with texture and unexpected colour combinations. Make a statement in navy-and-gold brocade. Platform stilettos, H&M (\$60, hm.com)



Anna Wallner, left, and Kristina Matisic

# **TRIED &**

Anna Wallner and Kristina Matisic have become Canada's style arbiters, trying almost every fashion and cooking technique imaginable as the stars of The Shopping Bags. Their new show, Anna & Kristina's Beauty Call, is a natural progression for the former news reporters. In this latest venture, Wallner and Matisic attend coveted fashion gatherings such as New York Fashion Week and meet some of the world's hottest designers. Then, after chatting with experts, they recreate the runway makeup, hairstyles and fashions on a budget

# **COCKTAIL DRESS**

Bustier styles party all night long.

**ADVICE** Strapless party frocks look best on gals with broad shoulders — but avoid the style if you have a fuller chest. For a great fit, try one that has a built-in bra. There are two major options: tailored '50s couture in satin or '80s disco diva in Lycra.

**HOW TO WEAR IT Since** this dress bares the neck and shoulders, wear an ornate necklace. On chilly nights, top it off with a boyfriend blazer or cardigan. For a fashion-forward look, add

Jacob (\$129, jacob.ca)

leather

gloves

and plat form

booties

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# LIFE ON THE LIDO

Inspired by Luchino Visconti's moody Death in Venice, Karl Lagerfeld set the scene for the Chanel Cruise 2010 collection outside the Grand Hotel Excelsior along the Lido, where the film was shot in 1971. In lieu of aristocratic families and dark desires, more than 300 guests, including fashion journalists, celebrities and some of Chanel's top clients from around the world, were there to enjoy the spectacle. The rumbling of the Adriatic Sea was pierced by music played by a violinist and a cellist and a rap recording by Lagerfeld. The models, in '30s-style hair and makeup, strutted the catwalk/boardwalk in nautical-inspired knitwear, cream chiffon gowns and rich bronze dresses.

To read these stories and more, visit: www.ellecanada.com



Lingerie brand Victoria's Secret taped its biggest fashion show yet last week with an eye-popping opening look worn by Alessandra Ambrosio of neon angel wings. KENYA HUNT/METRO WORLD NEWS

# **Haute horror**

# Fall 2009 runways looked like a summit of vampires and witches

These are dark days, in-deed. You can't round a corner without encountering a vampire.

They lurk on bookstore shelves in the House of Night series. They invade your home with TV's The Vampire Diaries and True Blood. They loom large on the silver screen in The Vampire's Assistant and the uncoming

Daybreak-And re- been fascinated cently, the with goth... We bloodletting turns love black and the torrential as The Twilight Saga: is like an anti-New Moon fashion fashion opened in statement in a cinemas.

With so way." many ers in pop president of fashion direction for Holt culture right now, Renfrew it's not sur-

prising fashion is embracing the dark arts. At cosmetic counters, dark eyes, nails and lips abound.

Barbara Akin, vice-

Fall runways looked like a summit of vampires, witches and goths with a bewitching mix of black lace, long crow's feathers, feral-looking fur, dramatic stand-up collars and peaked shoulders

"Fashion has always been fascinated with goth," says Barbara Akin, vice-president of fashion direction for Holt Renfrew. "We love black and the underground. This is like an antifashion fashion statement

"It all harks back to the Victorian age. Romanticism is always part of that. It's that edge we tether on, the romanticism of life and the dark side."

And it's this brooding romantic route designers took. Instead of aiming for the jugular, they went for the heart. Designers such as Olivier Theyskens, in his fi-

nal collection at Paris fashion "Fashion has always house Nina Ricci, went full glam goth for fall. His models, in their dramatic gowns

perched on towering cantilevered platforms looked more like dark angels than queens the of damned.

Goth style is now more glamorous and sensual, more Angelina Jolie than Morticia dams, making it one trend that translates easily at the retail level. "You don't need to go head-to-toe black. Just pick element, whether it's an earring necklace, and with something femiadvises nine,"

owner of Toronto boutique Fashion Crimes The trend has also bitten

clothing. men's Alexander McQueen's fall menswear collection featured menacing Transylvanian-looking toughs who look as if they fight not with fists, but









Dracula, the trend taps into a deeper desire: to look like a rock star. recently

the At opened Toronto bou-Serpentine, where ominoussounding labels such as Diet Butcher Slim Skin, Odyn Vovk and Drkshdw by Rick Owens fill the racks, the gothic look is infused with a rock 'n' roll sensi-

> er chic. There and drapey asymmetrical leather jackets, rocker-cool jeans, T-

bility and a bit of bik-

shirts sporting a grinning skull, and heavy rings with skulls and crosses and chunky chains to wrap around motorcycle hopping under the stars boots, all items a corporate guy, des-

From left, looks from Marc Jacobs' spring 2010 collection; Alexander McQueen's fall-win ter 2009-2010 collection; and Olivier Theyskens for Nina Ricci's autumn/winter 2009 ready-

to-wear collection.

perate to shed his workweek suit, will want to rock out at night or on the weekend.

"In every one of us, there is a rock star wannabe because, face it, there are not too many jobs like that," jokes Serpentine co-owner Paul Mailing. "Who wouldn't want that lifestyle?'

And with the right lifestyle, who wouldn't want to live forever?

TORSTAR NEWS SERVICE

# December 4<sup>th</sup> Specials, demo's, tax-free & more! At participating merchants. Merrill Lynch. In Milan, www.shoppingunderthestars.ca fashion players invoke 'normal' and 'boring'

Chorley,

the Italian fashion scene. Major players gathered in Milan this week for an industry summit say the world economic crisis has pushed the fashion industry to the brink, and called for — gasp! — a return to normal, an embrace of the

Participants including CEO Andrea Guerra of the Luxottica eyewear compa-

ny and Ferragamo CEO Michele Norsa said the key to survival is to concentrate on the core product after industrywide costcutting.

"We need to return to being more boring. That means if we are good at eyewear, we need to make eyewear and thank goodness for 49 years we have made only evewear. Others thought the time was ripe to do everything, and they now see that doing everything was a disaster.

More than anything, the crisis has defined a new normal, he said.

"There is no going back. (People) think that this is the critical moment, but I am convinced that 2005, 2006 and 2007 were the years of unreality," Guerra unchecked said. with growth and free spending.

"This is a new world, it is not about declines and crashes. It is normal growth."

Norsa said the industry must reckon with permanent shifts in spending patterns.

"We have lost consumers who spent without looking at prices," Norsa said.

Sales growth will fall five per cent in 2009 after a modest four per cent growth last year, according to a study by Bank of America-Merrill Lynch.

In general, the biggest companies with annual revenues above 300 million euros are doing the best, said Paula Durante, a

analyst

Apparel is being especially hard hit this year, because most orders

are made silient catego-

Chamber, said Andrea Guerra, the Italian government has CEO, Luxottica

not yet formu-lated a response to help the fashion industry.

"There is a slow recovery, but that is a problem. You can't recover so slowly and without energy or you

risk losing a lot of this country's wealth," Boselli

see the worst when full-

months in adwhile "(People) think that out in the accessories are this is the critical the most re- moment, but I am Durante convinced that 2005, 2006 and 2007 Mario Boselli, head of the Mi-lan Fashion unreality."

ruptcy protection.

"An intervention has to be in the interest of the government in terms of costs and benefits," he said. THE ASSOCIATED PRESS





on average of 15 to 20 per cent. He expects more small

companies to close and others seek bank-

# Mrs. O dazzles at state dinner

First lady Michelle Obama chose to wear a gleaming silver-sequined, creamcoloured gown Tuesday night to the first state dinner held by her husband's administration.

She was tending to her hostess duties in a strapless silhouette with the beads forming an abstract floral pattern that was custommade by Naeem Khan.

She wore a matching wrap, a stack of bangle bracelets on her wrist and dangling earrings.

The guests of honour at the dinner were Indian Prime Minister Manmohan Singh and his wife, Gursharan Kaur, making Mrs. Obama's choice of the Indianborn, U.S.-based designer seem very appropriate.

Earlier in the day, for a preview of the event, Mrs. Obama wore a skirt by Rachel Roy, also an Indian-American. "That gave us a preview that she was going







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#### Rihanna booked for New Year's Eve

Rihanna will earn \$500,000 US to perform at a New Year's Eve party. She has been asked to sing at the Emirates Palace Hotel in Abu Dhabi to help revellers see in 2010 in what will be her first performance in the Middle East. METRO NEWS SERVICES

# **Entertainmen**

### Purple gain

●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POC

# Rihanna makes 🗸 R-rated return

Susan Boyle, Adam Lambert, Shakira also release new music this week

#### Rihanna

Album: Rated R Label: Def Jam/Universal

THERE'S NOTH-ING LIKE relationship trauma to get the creative



flowinices ing. On Rihanna's record the Barbados-born starlet turns her terrible experiences with Chris Brown into a fiery and moving disc. While there's nothing explicitly referencing Brown's brutal at-tack, lines like "I thought I saw your potential, guess that's what made me dumb," on Stupid in Love does give listeners a glimpse into Rihanna's complex life. Musically, most of the tunes are steldark and befitting of the name. There's lar — they're haunting, nothing quite as catchy as Umbrella, but this is still a repeat-worthy record.

Bryan Borzykowski/for Metro Canada

#### **Adam** Lambert

Album: For Your Entertainment Label: RCA/Sony Rating: ####1/2

show for being provoca-

ΔDΔΜ I AM-BERT IS an Idol with staying power. And everv



tive, just adds to his attraction. (Didn't they try that in the '50s with Elvis?). He's got it all, maybe a little bit too much. But the talent is unmistakably there, whether he's performing vocal acrobatics a la Freddy Mercury (opening track Music Again) or crooning out heartfelt love aches (Broken Open). The theatrical chameleon who mesmerized Ameri-

can Idol viewers continues to try on new clothes and his fans will COME PARTY WITH US happily take in the fashion show. Lambert's debut album suffers at times from the heavy hand of Idol production tech-niques. It will be interesting see what he has in store for us

with his next Graham Rockingham /for Metro Canada

the stable door. Boyle somehow pulls off the impossi-ble. There is a wonderfully unique lilt to her English schoolgirl voice that drags the song's full five minutes. Ditto with her Streisandlike take on the great American standard, Cry Me a River. Yet, one has to wonder if the world really needs more

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Album**Reviews** music@metronews.ca

#### Jully Black

Album: The Black Book Label: Universal Rating: @@1/2

> THERE'S ONE INDIS-PUTABLE fact about Jully Black: She may have the best

pipes in the country. Unfortunately, she's never quite

found out

how to turn her

talent into worldwide suc-

cess. Her latest won't achieve that goal — it's a misguided attempt at broad-

ening her base by tackling run-ofthe-mill rock. Recalculate is her

biggest miss - it's a driving guitar-soaked track that could be sung by any pop singer. The new direction dilutes her voice. It's the R&B tunes on this record that standout. Let's hope her rock experiment ends soon.

Bryan Borzykowski/for Metro Canada

#### **Shakira**

Album: She Wolf Label: Epic Sony Rating: @@@

YOU CAN AP-**PROACH** this album in one of two ways

the

latest



instalment of trash from the jiggle queen of pop, or 2) an artfully crafted piece of camp to be taken with a nod and a wink rather than a snicker and a sneer. Let's say we give Shakira the benefit of the doubt and go with Door No. 2. There had to be a comic hand at work crafting lyrics like "I'm starting to feel just a little abused, like a coffee machine in an office." Shakira even injects some klezmer clarinet into the sex-starved chorus of Long Time. And could anything be more hilarious than Shakira asking "where are all the men in this town?" But seriously, folks, Shakira shows some decent vocal chops here, especially when the Auto-Tune gets (apparently) turned off on tracks like Gypsy and Did It Again.

Graham Rockingham/for Metro Canada

#### Susan Boyle

Album: I Dreamed a Dream Label: Columbia/Sony Rating: 🕮 🏶 🎚

тноиснт of Susan Boyle covering Wild Horses



classic country raunch ballad, should be enough to send music fans running for manure shovels. But sometimes it's best to leave preconceptions at recorded versions of Amazing Grace, Silent Night, or ... gasp ... The Monkees' Daydream Believer.

**Lady** Gaga

Album: The Fame Monster Label: Interscope/Universal Rating: ###

HER FLAMBOY-ANT behaviour and over-the-



tumes, it's easy to forget that it was Lady Gaga songs that catapulted her into spotlight. Her new eight-song EP — which is also packaged with her debut as a deluxe version pushes her songwriting skills (and those of her songwriters) even further, tackling Shakira-like Latin on Aleiandro and jangly soul on Teeth. She still employs epic electro and wild lyrics, but it's clear that Gaga doesn't want to be a one-album wonder.

Bryan Borzykowski/for Metro Ca

# marks the winter season with

Sting and his wife Trudie keep with tradition on Christmas Eve: They go to a local church, sing along to carols, then head back home to their English estate to open presents with their family.

It's a cheery scene one would expect during the holiday season. But that kind of celebratory mood is absent on his latest album, If On A Winter's Night.

Instead, the seasonal offering features the rocker's interpretations of traditional British songs, ranging from carols to lullabies, that sombrely mark the winter season - definitely not the kind of music for that tree-trimming party.

Had you rejected doing a traditional Christmas album in

I don't think there's any need for me to do one of those kind of records. So just to be truthful to my own sensibility, I need to acknowledge that the season is not

all joy and light for a lot of people. It's tough - environmentally, emotionally, spiritually. So I wanted to achieve some sort of balance between that sense of traditional Christmas and being home and being warm and being cozy, and also the opposite of those things. A lot of people suf-

When the leaves start to fall and the snow comes, what do you start to think about?

At this particular time, preparing for the winter of one's the winter of one's life. I'm 58. I'm not in the winter of my life but I'm definitely preparing for it, so it reminds you of your

mortality, the short span of years we have on the planet, what to do with that, how to be useful. how to meaningful. THE ASSOCIATED PRESS

# Court grants Polanski bail

Pays up \$4.5 million but must remain under house arrest

**The Swiss Criminal Court** granted director Roman Polanski bail on Wednesday, accepting US\$4.5 million to allow him to remain under house arrest and monitored by an electronic bracelet at his chalet in the Swiss resort

The Swiss Justice Ministry, which ordered him arrested on Sept. 26 as he arrived in Zurich to receive lifetime achievement award at a film festival, said it still viewed him as a flight risk. But Polanski wasn't immediately released. He will stay in prison for up to 10 days while the Swiss government decides whether to appeal.

The verdict does not affect the Swiss Justice Ministry's ongoing assessment whether Polanski should be extradited to the United States for having sex in 1977 with a 13-yearold girl, after plying her champagne and a Quaalude pill at a modelling shoot

He was initially indicted



Director Roman Polanski will be monitored by an electronic bracelet while under house arrest in at his Swiss chalet.

on six felony counts, including rape by use of drugs, child molesting and sodomy. Polanski pleaded guilty to the lesser charge of unlawful sexual intercourse. In exchange, the iudge agreed to drop the remaining charges and sentence him to prison for a 90-day psychiatric evaluation.

The evaluator released Polanski after 42 days, but the judge said he would send him back to serve out the 90 days. Polanski then fled the country on Feb. 1, 1978, the day he was to be sentenced and has lived in France since.

"The 76-year-old appellant is married and the father of two minors," the court said, as it considered Polanski's offer of a cash bail secured by his apartment in Paris. "It can be assumed that as a responsible father he will, especially in view of his advanced age, attach greater importance to the financial security of his family.'

"We will decide quickly on whether to order his release or file an appeal with the Federal Tribunal." Justice Ministry spokesman Folco Galli said. Authorities had 10 days to refer the matter to the tribunal, Switzerland's highest court, but Galli said they would make their decision before that. The Federal Tribunal said it had yet to receive an appeal. The decision came as a surprise. Swiss legal experts had said earlier that Polanski's chances of bail were slim.

Polanski claims judge and prosecutors in his initial trial acted improperly. A California appeals court will listen to oral arguments from his attorneys next month. They will be urging the court to order a lower court to decide whether to dismiss charges against the fugitive director, whether he is present or not.

A decision on extraditing Polanski to Los Angeles is still pending, and would also be subject to appeals.

THE ASSOCIATED PRESS

#### Entertainment in brief

**COMEBACK** Former teen idol, Donny Osmond was declared the new champion of Dancing With Stars on Tuesday night,

taking home the show's mirror ball trophy in the season finale of the popular program.

THE ASSOCIATED PRESS

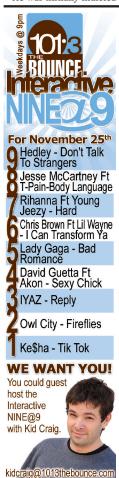


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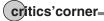
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The Border
Dam, if only those pesky serial killers would stay in their own countries. In this new episode, countries. In this new episoue, the ICS works to prevent Maggie's (Catherine Disher) daughter from becoming the latest victim of a killer who works both sides of the border. James McGowan, Graham Abbey and lanes Chernick also star in Jonas Chernick also star in "Dark Ride." 9 PM on CBC



The Office
The office mates travel to Niagara Falls to celebrate Jim and Pam's (John Krasinki, Jenna Fischer) wedding, but things quickly spiral out of control, quickly spiral out of control, especially after Jim makes an unfortunate gaffe during a toast. Meanwhile, Michael, Dwight and Andy (Steve Carell, Rainn Wilson, Ed Helms) try to hook up with other wedding guests in "Niagara." 9 PM on NBC, 10 PM on CIHF

Another entry in television's commemoration of Charles Darwin's double anniversary — 200 years since his birth and 150 since the publication of his "On the Origin of Species" — this two-part Australian production focuses on his round-the-world voyage aboard the Beagle, what he learned on that trip, and how his discoveries and his research methods con-tinue to influence modern scien-tific thought. 10 PM on V **36** entertainment

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Signature Drink: Craft beers on tap Signature Dish: Thistle's Bigger Burger Rating: @## Dinner & drinks for 2: \$50

With natural light from atrium windows, The Hart & Thistle is a pleasant place to watch the action on the Halifax Harbour.

We're here for lunch. The menu features usual pub fare, but we try the Trio of Dips (\$8) — Lime and Chilli Hummus, Kalamata Olive and Sundried Tomato, and Chèvre and Fire-Roasted Red Pepper. With grilled pita bread and corn tortilla chips, it makes a tasty start.

The Lobster Wrap (\$14)

The Lobster Wrap (\$14) boasts a refreshing combination — lobster, apple, peas, lettuce, avocado and mango dressing.

Peas appear rarely on a menu, but the colour provides a nice contrast to the lobster.

The meat could be more plentiful, but tastes fresh, and the one slice of avocado is yummy. The accompanying home-cut fries are excellent.



#### On the web

• Get recipes and more great food content at metronews.ca/recipes

Mocha Broiled Chicken (\$14) with chillies and red wine peppercorn butter is served with delicious roasted potato, broccoli and roasted red pepper. The nicely cooked chicken is quite mild.

Our server is pleasant but the wait between courses is long.

More time to enjoy that view.



Top, Mocha Broiled Chicken (\$14); above, Lobster Wrap (\$14)

### Dining out in the HRM

YOUNG ENTREPRENEURS

The owners of Talay Thai and Cha Baa restaurants won the Business Development Bank of Canada's Young Entrepreneur Award for Nova Scotia. Talay Thai is at 1261 Barrington St. while Cha Baa is at 1546 Oueen St. GIFT CERTIFICATE DEAL

Lower Deck and Red Stag restaurants offer gift certificates in November-December with the buyer receiving an additional gift certificate for 25 per cent of their purchase. Lower Deck is at Historic Properties while Red Stag is in the Brewery.

FROM THE SEA

Indian Point mussels are more than just mussels. Each Saturday morning at the Halifax Farmers' Market, the friendly owners sell sea scallops as well as St. Simon oysters that you can enjoy on the spot. Visit indianpointmussels.ca

#### In **brief**

AWARD Fox Hill Cheese House in Port Williams recently received Taste of Nova Scotia's Quality Driven Member of the Year award while Michael Howell, Tempest Restaurant, Wolfville, received Member of the Year. Visit tempest.ca or call 542-0588. Visit foxhillcheesehouse.com or call 542-3599.

#### November Lunch Specials

#### Curried Pumpkin Soup

Roasted pumpkin soup with a hint of curry and bacon \$7

#### **Seafood Wellington**

Sautéed seafood served in puff pastry on a bed of basmati rice with basil cream.

\$13





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#### Jon Voight's Christmas wish list

Jon Voight admits that all he wants for Christmas is to meet his one-year-old twin grandchildren, Vivienne and Knox Jolie-Pitt, he tells OK! Magazine. "That will be my Christmas wish," he says. METRO NEWS SERVICES



### entertainment 37

### **Celebrity Buzz**

# **SATC stars not exactly BFFs off-screen?**

KEEP YOUR FRIENDS CLOSE... Cindy Adams, who says The sequel to the Sex Sarah Jessica Parkand the City movie is and Cynthia in full swing, with Nixon are staving at different production moving Morocco for hotels. seven weeks, but And the four stars are Kristin Davis only spending and Kim Cattogether trall are both time on-camera, acstaying at cording to the the Amen-New York jena Motel, Post's

Gaga has 'no

time' for men or

drugs, says friend

TOO MANY BAD RO

MANCES? Lady Gaga had

stopped taking drugs

and didn't have time

for men by the time she

was 20, her friend has

revealed, as female-

singer's best pal DJ Lady

Starlight claims she was

solely focused on her

music when she first met her at her 20th

birthday party. Starlight said in an in-

terview: "It was obvious

even then that Gaga

was going to be famous.

She was incredibly fo-

cused on exactly what she wanted to do."

about doing lots of drugs but by the time

stopped all that. She

didn't even have time

Lady Starlight, 33, al-

so revealed she and La-

dy Gaga, 23, always ex-

perimented with fash-

ion and tried to create

the wildest stage outfits

though they would of-

ten not last through a

METRO NEWS SERVICES

they could dream up

show.

for boyfriends.'

"I know she's talked

met she had

Despite her claims to a life of wild partying

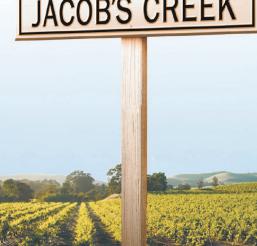
first.co.uk reports.

and casual sex,

they're avoiding each other as well after shooting is done for the day,

even dining separately in the hotel restaurant.

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between Nov. 16/09 and Jan. 3/10.

### J.Lo opens up about her infamous AMA tumble

NOW IT'S JUST HER JOKES FALLING FLAT Jennifer Lopez is taking her tumble onstage at the American Music Awards in stride, joking with Ryan Seacrest on his radio show that it was completely intentional. "Did I trip a little

bit?" she laugh "Yeah, I meant to do that. That was part of the choreography." On the serious side. Lopez is keeping

dent. "the measure of things isn't what happens when you fall. it's how you re-cover," she

> WORLD NEWS

METRO

# **Demi's cover photo** mystery deepens

**SURGERY** The scandal brewing over whether Demi Moore's photo on the cover of W was doctored has reached a new level. The blog Pop Culture Madness has uncovered evidence that they claim proves Moore's head was simply attached to the body of 26year-old model Anja Rubik. Moore, who was vocal about the scandal before via her Twitter account, has vet to address

the latest claims. NEWS

#### Lambert answers his critics

SO WHAT? HE'S STILL A ROCK STAR Adam Lambert knows that, as a performer with an overthe-top stage act, audiences are going to love him or hate him - and he's fine with either, people.com reports.

"I could be some-body's role model, but on the flip side I could somebody's worst nightmare at the same time," the singer, 27,

tells Popeater. "You never know how you're going to affect people, being in this posi-



### Twilight star says he was bullied at school

REVENGE OF THE NERD Taylor Lautner was bullied at school over his love for acting, femalefirst.co.uk ports.

The star has catapulted to fame playing Jacob in the vampire verses werewolves film franchise, but he admits life was difficult as a drama nerd.

He tells Rolling Stone magazine, "I was never extremely confident. Because I



### **Celebrity tweets**

with the birds, Rania Al Ab dullah has some Twilight content suggestions, and Ashton Kutcher is pondering the really big issues.

ley GOOD MORNING DECAP-

true, this is NOT the season for our gobbler friends to be jolly.

watched New Moon (for my teenage kids' sake, of course). That poor girl, no 1 should hve limited choice between vampire and wolf! Next time they should throw mummies, harpies or

growing the hair out again.



Richie still laid up

in bed, but strong

TWEET RX Although back

from the hospital, Nicole

home after a bout with

pneumonia. "Right now

it's important for me to

stay in bed and recover,"

Richie wrote on her blog.

she's still

METRO NEWS

enough to type

Richie says

Kirstie Alley is sympathizing

ITATED TURKEYS...sad but

• @QueenRania Finally

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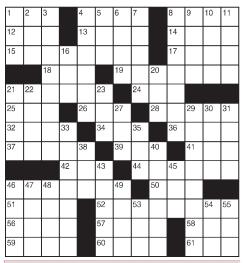






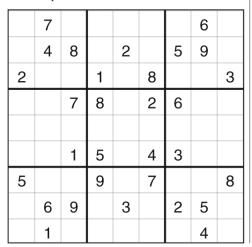


#### Take Five



#### Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone - one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



- 1 Pouch 4 Crooner Perry 8 Cribbage scorekeepers 12 Berlin's
- "What'll 13 Paper quantity 14 Bound
- 15 Trade mater
- 18 Central 19 Israeli parliament
- 21 Toxic hydrocarbon
- 24 Perched 25 Toss in 26 Uncle, south of the border
- 28 Sounds from grandfather? 32 Crv
- 34 Saloon 36 Scoop holder
- 37 Twangy 39 Beam of light 41 Culpa preced-
- 42 Clampett patriarch 44 Cyclist's pro-

#### tection 46 A, C or E 50 Mermaid's realm

- 51 Grad 52 Shared
- 56 Actress Sorvino
- 57 Duel tool 58 Conk out 59 Nerd-pack con-
- tents 60 Stitched together 61 Mined-over

# matter

- 1 Bracketed word 2 Commotion 3 Low chest of drawers 4 One way to pay
- \_ the fields we go" 6 Big name in
- trucks 7 Portents 8 Barbie's makeup?
- 9 Morays, e.g. 10 Ready for ac-

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

6 4 3 5 7 2 8

2 6 7

3 7 5 9 4 8

8 2 4

3

5

9 6 2 5

9 7 8

8

#### tion 11 Lovers' quarrel

- 16 Blend 20 Chow down
- 21 Sunrise 22 Notion
- 23 Pinch
- 27 " \_ Town" 29 Shock trooper 30 Dandling site
  - 31 Chair part 33 Nightwear
  - 35 "Humbug!" 38 Moon vehicle
  - 40 Sycophants 43 Chops into
  - cubes 45 Romanian money
  - 46 Temptress 47 Nastase of ten-
  - nis 48 Swerve
  - 49 "Unh-unh" 53 Kitten's comment
  - 54 Balloon fill 55 Novelist Harp-

5 1 2 4 8 9 6 3 7

2 6 9 5

3 4

1 9 5 4 8 3

3 6 1 7 9 5

Happy

Thanksgiving

4 11-26 WWW.THESIKCHIK.COM

1 6 2

al daily

6 1 3 5 2 4

For more delicious Metro recipes, visit: metronews.ca/fo



#### **Tomato & Basil** Salad

Submitted by Irene Leung, Port Dover, ON

#### INGREDIENTS:

5 tomatoes or a combination of cherry and regular tomatoes 10 tablespoons of chopped

fresh basil 2 small red onions or shal-

lots 1 cup of mini bocconcini

cheese balls 4 tablespoons of good quality balsamic vinegar 7 tablespoons of extra virgin olive oil

#### METHOD:

- 1. Wash and dice tomatoes
- 2. Chop fresh herbs

- 3. Peel and dice onions 4. Combine vinegar, oil, and basil and toss to taste
- in a large non-reactive bowl 5. Add tomatoes, shallots, bocconcini cheese and
- toss to coat 6. Serve right away, or let the dish sit for about an hour in the fridge to marry the flavours

#### **SERVES 2**

PREP TIME: 10 MINUTES COOK TIME: 0 MINUTES



20 Minute Supper Club helps you get dinner ready in a snap. Sign up for quick and delicious recipes, cooking and food tips. It's free at 20minute

#### Horoscopes by Sally Brompton sallybrompton.com

#### For Sally's expanded daily and weekend horoscopes, visit metronews.ca

#### ARIES MARCH 21-APRIL 20

Someone you meet over the next 24 hours will inspire you creatively and maybe romantically too.

#### LIBRA **SEPT 23-OCT 23**

Although you may be willing to change your plans to help a friend in need you must not think you are obliged to do so.

#### **TAURUS**

What someone tells you today might sound like good advice but the chances are they are thinking more about themselves than about you.

#### **SCORPIO** OCT 24-NOV 22

Make out that you are not re ally bothered what loved ones are up to today, even though you may be angry because they did not consult you first.

#### **GEMINI**

MAY 22-JUNE 21
No matter how much you have planned ahead there will be disruptions today and you are likely to get annoyed with peo-ple who let you down.

On the web

Who knew I had SOMUCH

to be thankful for?

#### **SAGITTARIUS** NOV 23-DEC 21

The journey you have embarked on may be long and there may be no guarantees. but there is little doubt that you will get there.

#### CANCER

JUNE 22-JULY 22 You seem to be in two minds about whether to push ahead with something you know is right for you but may be wrong for other people.

#### **CAPRICORN** DEC 22-IAN 20

Don't plan too far ahead today because even routine matters are likely to change. Your time will come, maybe not today but soon.

#### LEO JULY 23-AUG 23

Someone you are fond of has got themselves into a lot of unnecessary trouble. Be sympathetic but make sure they learn from it too.

#### **AQUARIUS** JAN 21-FEB 18

According to the planets you are about to discover that your sympathy for someone you thought was in trouble was misplaced to say the least.

#### **VIRGO**

AUG 24-SEPT 22 Don't be afraid to disagree with someone in a higher position today because if you don't they will make other demands you find difficult to accept.

#### **PISCES**

#### FEB 19-MARCH 20

Nothing negative is going to happen today, so don't let your imagination run riot.

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#### This day in history

1789: A national Thanksgiving Day is observed in the United States as recommended by George Washington.

1842: The University of Notre Dame is founded.

1922: Howard Carter and Lord Carnaryon become the first people to enter the tomb of Pharaoh Tutankhamun in over 3000 years. 1998: Tony Blair becomes the first Prime Minister of the U.K. to address the Republic of Ireland's parliament.

2008: Ten co-ordinated attacks by Pakistan-based terrorists kill 164 and injure more than 250 in Mumbai, India.

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# entertainment 39

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# Mediterranean Shepherd's Pie

#### INCREDIENTS:

15 ml (1 tbsp) olive oil 2 medium onions, chopped

1.5 kg (3 lb) ground lamb 2 ml (1/2 tsp) salt 2 ml (1/2 tsp) cracked

black pepper 3 cloves garlic, minced 30 ml (2 tbsp) tomato paste

125 ml (1/2 cup) red wine 125 ml (1/2 cup) chicken broth

1 can (796 ml/28 oz) diced tomatoes

1 sprig fresh rosemary 125 ml (1/2 cup) chopped kalamata olives 50 ml (1/4 cup) chopped

50 ml (1/4 cup) chopped fresh parsley Polenta

750 ml (3 cups) water 500 ml (2 cups) ground polenta

750 ml (3 cups) cold milk 5 ml (1 tsp) salt 250 ml (1 cup) fresh grated Parmesan cheese 30 ml (2 tbsp) butter

#### **METHOD**

1) Preheat oven to 190 C (375 F).

2) In a large deep skillet, heat oil over medium-high heat.

#### **Metro Recipes of the Day**





10 minutes before serving.

**Brewed Beef with** 

2 slices bacon, finely diced

cross rib simmering steak,

500 g (1 lb) beef blade or

Salt and pepper, to taste

4 medium onions, thinly

30 ml (2 tbsp) all-purpose

2 cloves garlic, minced

**Root Vegetables** 

MAKES 10-12 SERVINGS

INGREDIENTS:

flour

cut into quarters

Mediterranean Shepherd's pie, left, with ground lamb, olives and crumbled feta, right, Brewed Beef with Root Vegetables.

3) Add onions and cook, stirring often, until tender and golden, about 10 minutes.

4) Add lamb and cook, breaking up pieces with the back of a spoon, until browned and no pink remains, about 10 minutes. 5) Drain any fat; season with salt and pepper. Add garlic and tomato paste and cook for 1 minute. 6) Add wine and simmer until it is reduced by half. 7) Add broth, tomatoes and rosemary. Adjust heat to maintain a simmer, stir-

ring occasionally until sauce thickens and coats meat, about 15 minutes. 8) Remove from heat. Stir in olives and parsley. Meanwhile, in a large saucepan over high heat, bring water to a boil. 9) Stir in polenta, milk and salt, stirring constantly, until smooth and polenta begins to thicken, about 15 minutes. 10) Reduce heat to medium and cook until polenta begins to bubble and pop, about 10 minutes.

11) Reduce heat to low, stir in Parmesan and butter, continuing to stir until polenta pulls away from sides of the pan, about 10 minutes.
12) To assemble: Spread lamb filling into a 3-l (9-by-13-inch) baking dish.
13) Drop large spoonfuls of polenta evenly over surface of lamb and gently spread to get an even layer.

14) Bake for 30 to 40 minutes until polenta is golden and filling is bubbling around edges. Let cool for

5 ml (1 tsp) dried thyme 1 can (284 ml) undiluted beef broth 1 bottle (341 ml) beer

sugar

1 bottle (341 ml) beer Bay leaves Roasted Root Vegetables

**Take Five** 

10 ml (2 tsp) white wine

2 ml (1/2 tsp) granulated

#### METHOD

1)In Dutch oven or stockpot, cook bacon over medium-high heat until crisp; transfer to slow cooker.

2) Season steak with salt and pepper; brown in bacon drippings in Dutch oven and transfer to slow cooker

3) Add garlic and onions to Dutch oven; cook over medium heat for 10 minutes, stirring occasionally. 4) Stir in flour; cook for 1 minute.

5) Add vinegar, sugar, thyme, beef broth, beer and bay leaves; bring to a simmer.

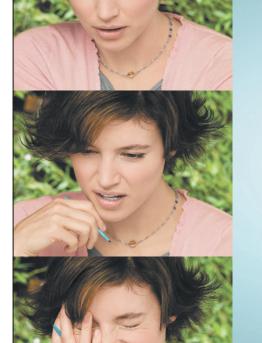
6) Pour over beef in slow cooker. Cover and slow cook on low for 8 hours or until fork-tender.

7) Serve with Roasted Root Vegetables.

MAKES 4 SERVINGS

THE CANADIAN PRESS

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09 RAM 1500 SLT Quad	\$24,980	\$99 wk	09 GRAND CHEROKEE	\$21,980	\$89 wk
08 JEEP COMPASS 4x4	\$15,980	\$66 wk	08 JEEP LIBERTY 4x4	\$18,980	\$78 wk
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